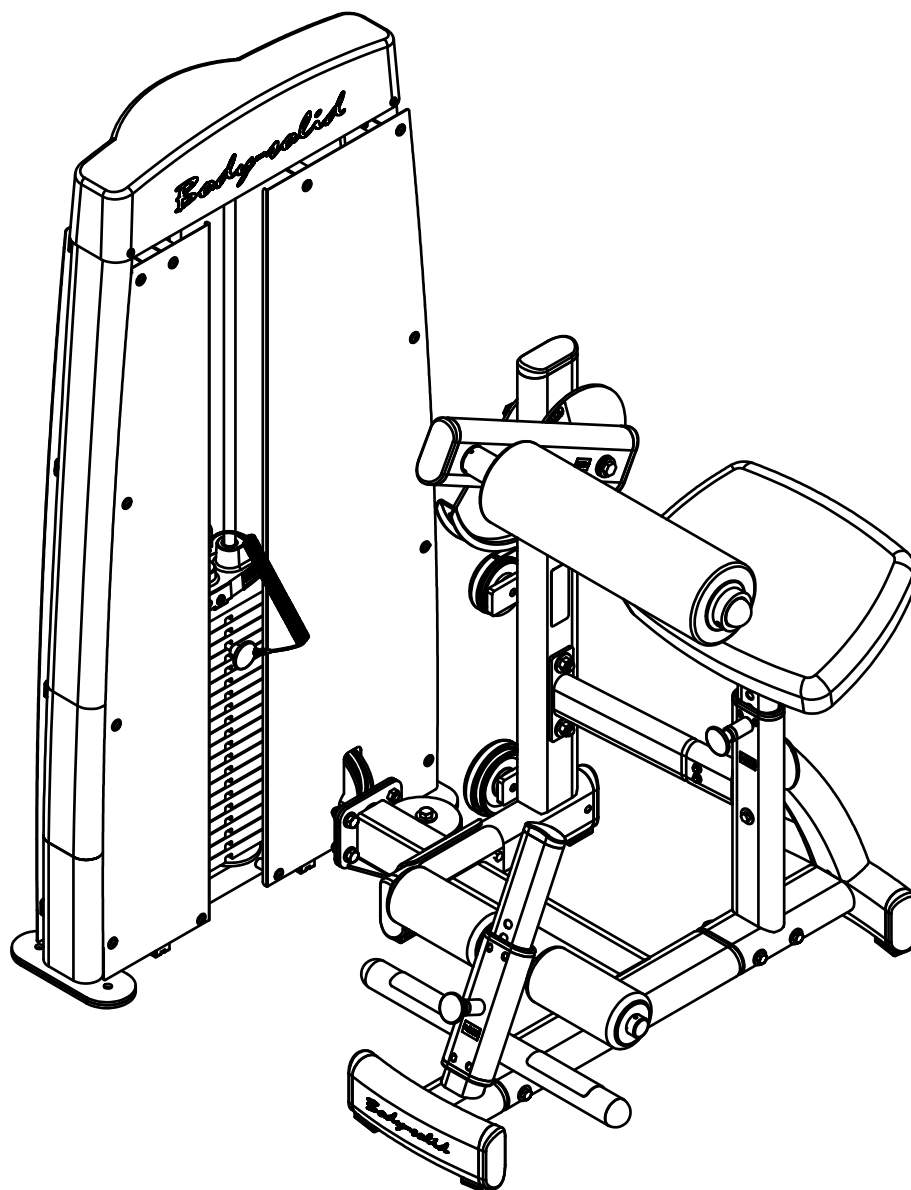


Body-Solid

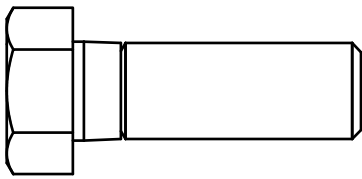


BODY-SOLID, Inc.
1900 S. Des Plaines Ave.
Forest Park, IL 60130 USA
Phone: (708) 427-3555
Fax: (708) 427-3556
www.bodysolid.com

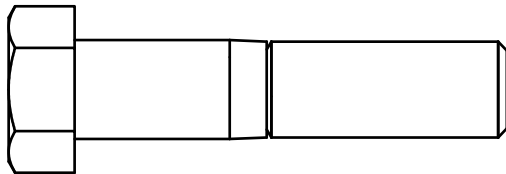
DABB.2 OWNER'S MANUAL

DABB ASSEMBLY INSTRUCTIONS

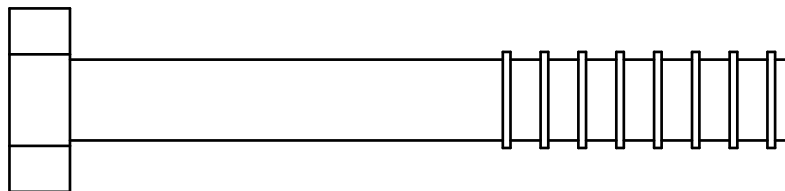
HARDWARW ILLUSTRATION



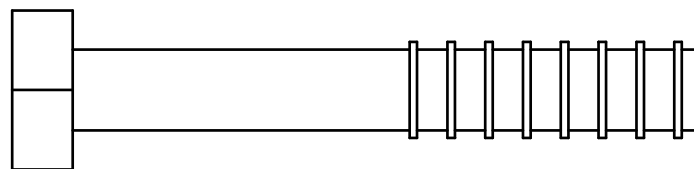
(A1)HEX BOLT 1/2"X1-1/2"L PARTIAL QTY.3



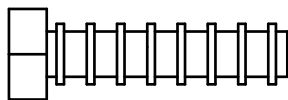
(A2)HEX BOLT 1/2"X2-1/4"L PARTIAL QTY.1



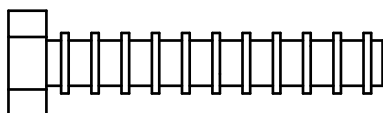
(A3)HEX BOLT 1/2"X3-3/4"L PARTIAL QTY.2



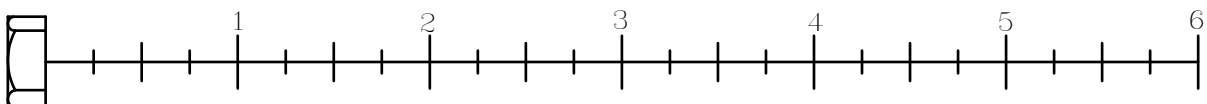
(A4)HEX BOLT 3/8"X3-1/4"L PARTIAL QTY.3



(A5)HEX BOLT 5/16"X1-1/4"L PARTIAL QTY.4

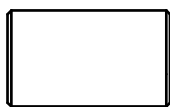
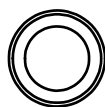


(A6)HEX BOLT 5/16"X1-3/4"L PARTIAL QTY.1

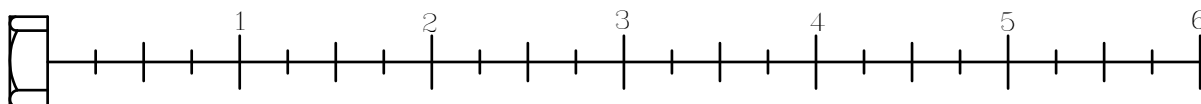


DABB ASSEMBLY INSTRUCTIONS

HARDWARW ILLUSTRATION

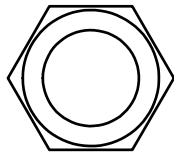
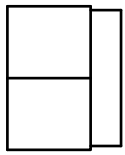


(A7)STEEL BUSHING Ø1/2"XØ8.5X21L QTY.1

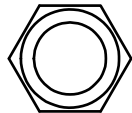
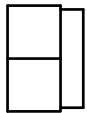


DABB ASSEMBLY INSTRUCTIONS

HARDWARW ILLUSTRATION



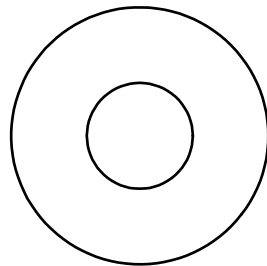
(B1)NYLON LOCK NUT 1/2" QTY.6



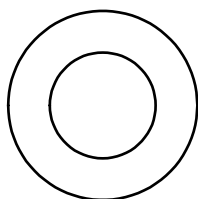
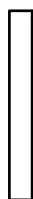
(B2)NYLON LOCK NUT 3/8" QTY.3



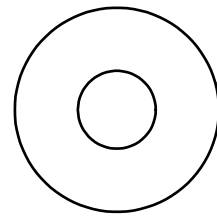
(B3)NYLON LOCK NUT 5/16" QTY.1



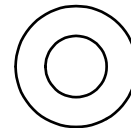
(C1)1/2"(I.D.)FLAT WASHER Ø34 QTY.6



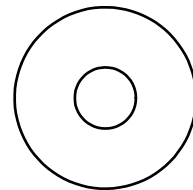
(C2)1/2"(I.D.)FLAT WASHER Ø25 QTY.6



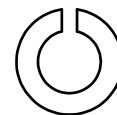
(C3)3/8"(I.D.)FLAT WASHER Ø27 QTY.6



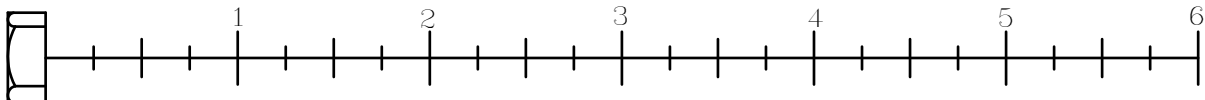
(C4)5/16"(I.D.)FLAT WASHER Ø16 QTY.2



(C5)5/16"(I.D.)FLAT WASHER Ø24 QTY.4

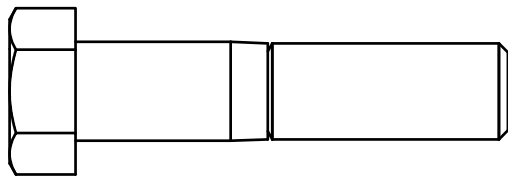


(C6)SPRING WASHER 5/16" QTY.4

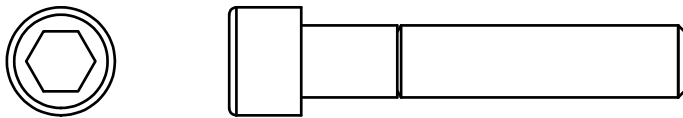


DABB ASSEMBLY INSTRUCTIONS

HARDWARW ILLUSTRATION



(AA2)HEX BOLT 1/2"X2-1/4"L PARTIAL QTY.3



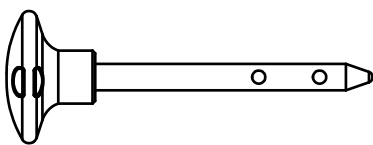
(AA4)ROUND INNER HEAD 3/8"X2"L PARTIAL QTY.1



(AA5)ROUND INNER HEX SCREW M6X20L PARTIAL QTY.20



(AA6)ROUND CROSS SCREW 5/32"X1/4"L PARTIAL QTY.4

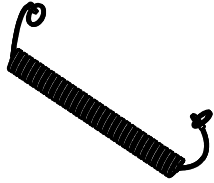


(AA7)10LB PIN(8250-071) QTY.1

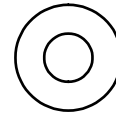


DABB ASSEMBLY INSTRUCTIONS

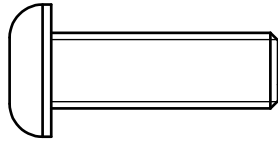
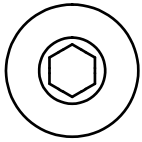
HARDWARW ILLUSTRATION



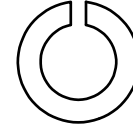
(AA8)ELASTIC BOLT QTY.1



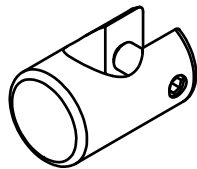
(CC2)M6(I.D.)FLAT WASHER Ø13 QTY.20



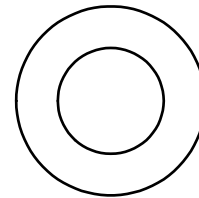
(AA10)ROUND INNER HEX SCREW
M10X30L PARTIAL QTY.1



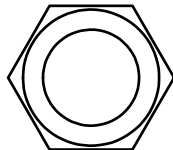
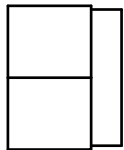
(CC5)SPRING WASHER 3/8" QTY.1



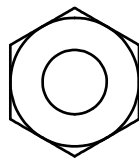
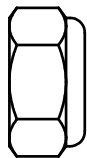
(AA11)FIRM SHEATH(8890-046) QTY.1



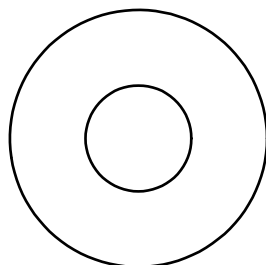
(CC6)1/2"(I.D.)FLAT WASHER Ø25 QTY.2



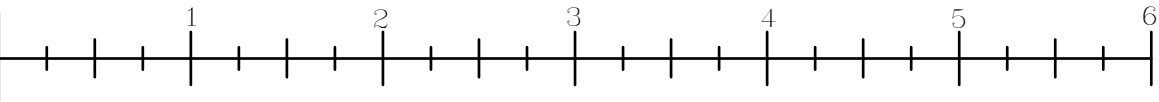
(BB2)NYLON LOCK NUT1/2" QTY.3



(BB3)NYLON LOCK NUT M10 QTY.1



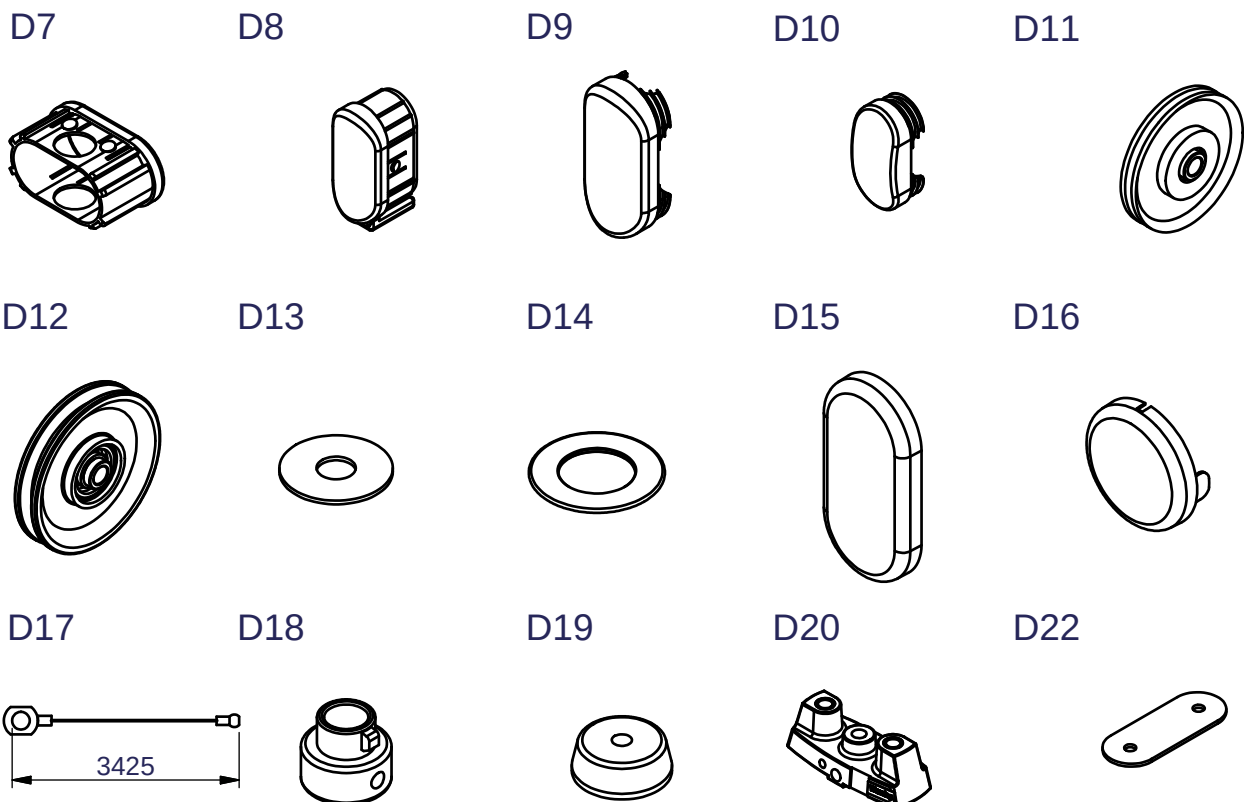
(CC1)1/2"(I.D.)FLAT WASHER Ø34 QTY.4



DABB ASSEMBLY INSTRUCTIONS

HARDWARW ILLUSTRATION

D1	D2	(D1)Ø3/4"X13.5X8L STEEL BUSHING(8110-014)-----[2PCS]
		(D2)Ø38"XØ25.2X27L STEEL BUSHING(8130-159) -----[1PCS]
D3	D4	(D3)Ø30"XØ20X1.5t CU WASHER(8520-007) -----[1PCS]
		(D4)Ø38"XØ26X1.5t CU WASHER(8520-008) -----[1PCS]
		(D5)95X140L RUBBER PAD(9310-035) -----[2PCS]
		(D6)Ø50 ROUND END CAP(9211-074) -----[3PCS]
		(D7)50X100 NYLON BUSHING(9211-107)-----[2PCS]
		(D8)58X116X2.5t FOOT CAP(9211-108) -----[6PCS]
		(D9)58X116X2.5t END CAP(9211-112) -----[3PCS]
		(D10)40X80X2t END CAP(9211-113) -----[1PCS]
		(D11)Ø4" PULLEY(9213-017A) -----[2PCS]
		(D12)Ø4 1/2" PULLEY(9213-010B) -----[5PCS]
		(D13)Ø75X3tXØ26 NYLON WASHER(9214-008) -----[4PCS]
		(D14)Ø90XØ51X3t NYLON WASHER(9214-022)-----[2PCS]
		(D15) 207X105X23 PULLEY CAP(9211-115) -----[1PCS]
		(D16)Ø131X30 PULLEY CAP(9211-116)-----[1PCS]
		(D17)3425mm STEEL CABLE(FDABBA) -----[1PCS]
		(D18)Ø3/4" SHAFT COLLAR(9211-046) -----[2PCS]
		(D19)Ø4"RUBBER DOUNT(9310-017) -----[2PCS]
		(D20)TOP PLATE(8400-006) -----[1PCS]
		(D22)95X250 RUBBER PAD(9310-060) -----[2PCS]
		(D23)DABB FOR DGYM STEEL CABLE(FDABBB) -----[1PCS]
		(D24)WEIGHT SELECTOR BAR(8210-042B) -----[1PCS]

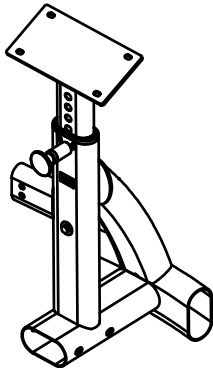


D24

DABB ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION

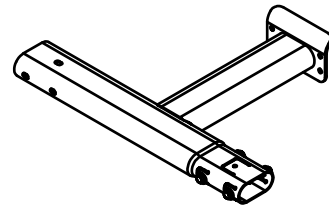
A [1PCS]



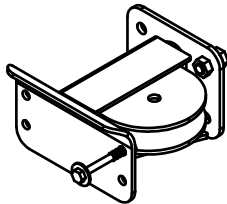
B1 [1PCS]



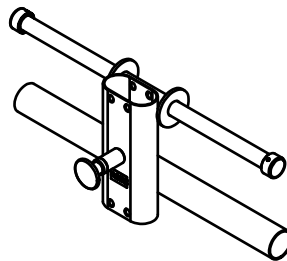
C [1PCS]



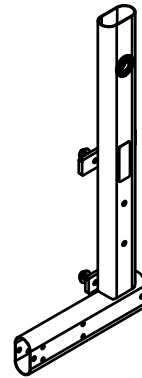
D [1PCS]



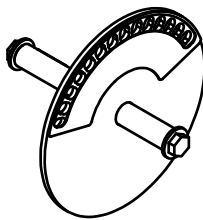
E1[1PCS]



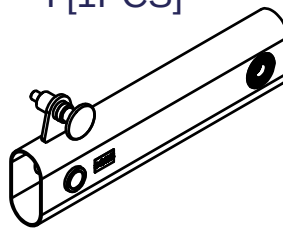
F [1PCS]



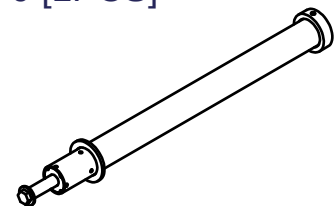
H [1PCS]



I [1PCS]



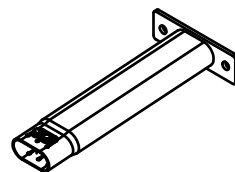
J [1PCS]



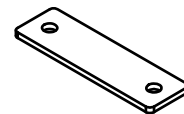
K [1PCS]



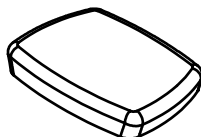
L [1PCS]



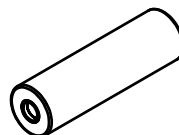
M [1PCS]
8321-091



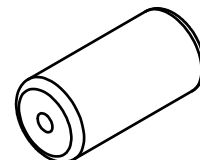
N [1PCS]
9122-039



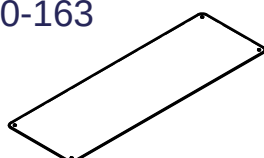
O [1PCS]
9161-047



P [2PCS]
9161-032



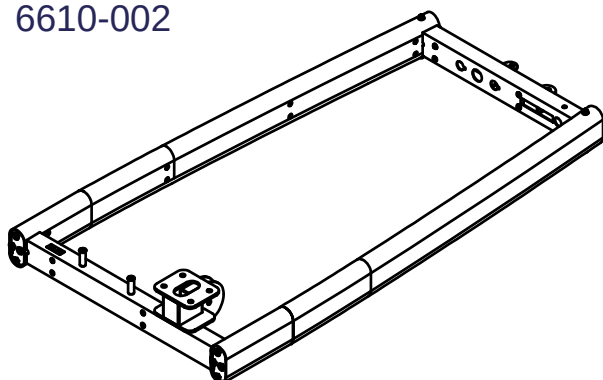
Q [1PCS]
9440-163



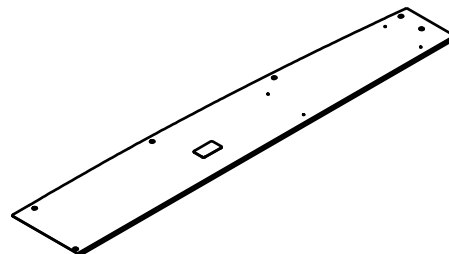
DABB ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION

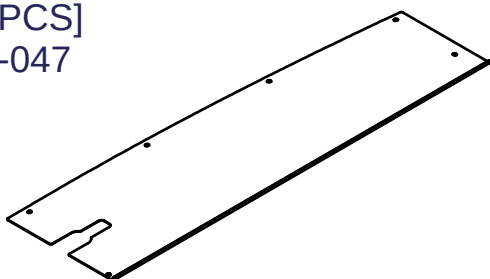
AA[1PCS]
6610-002



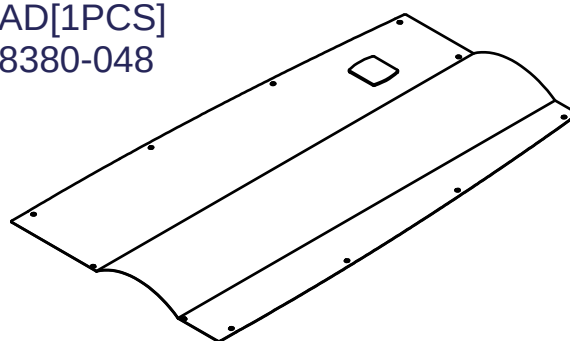
AB[1PCS]
8380-046



AC[1PCS]
8380-047



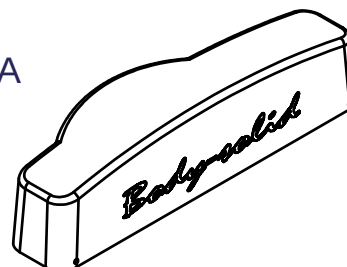
AD[1PCS]
8380-048



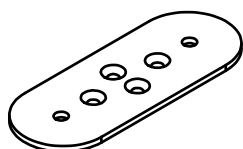
AE[2PCS]
260158A $\varnothing 3/4"$ X1.6tX1407L



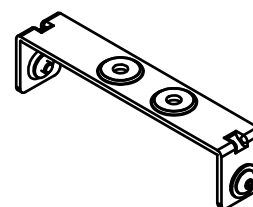
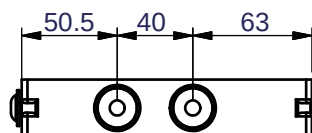
AK1PCS]
9211-111A



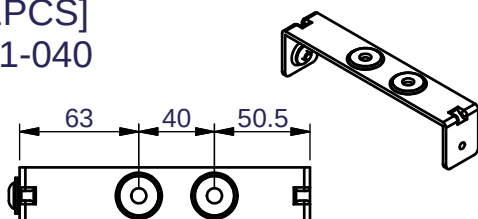
AG[2PCS]
8313-144



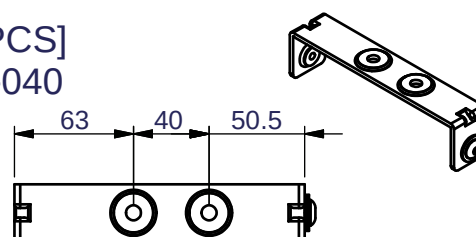
AH[9PCS]
8321-040



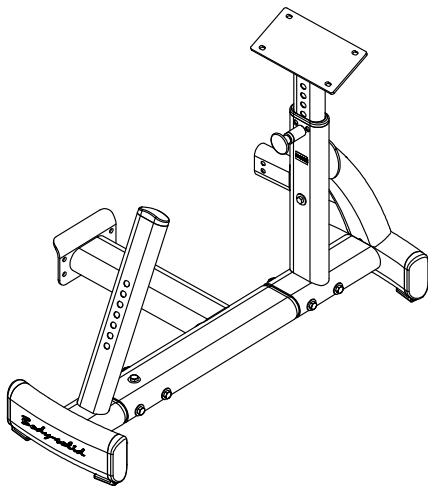
AI[1PCS]
8321-040



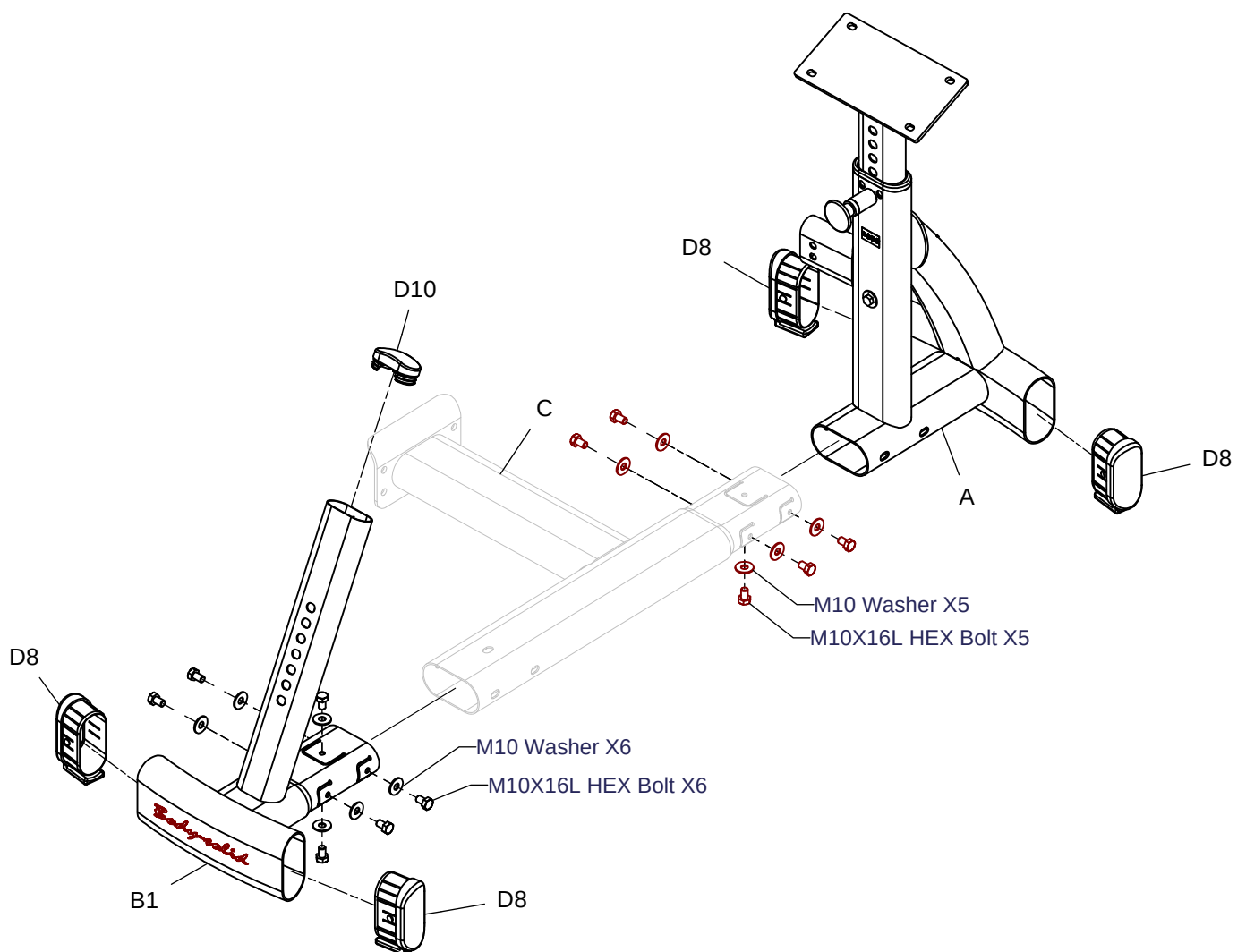
AJ[2PCS]
8321-040



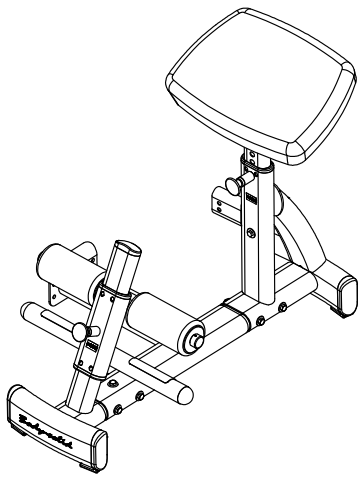
DABB ASSEMBLY INSTRUCTIONS



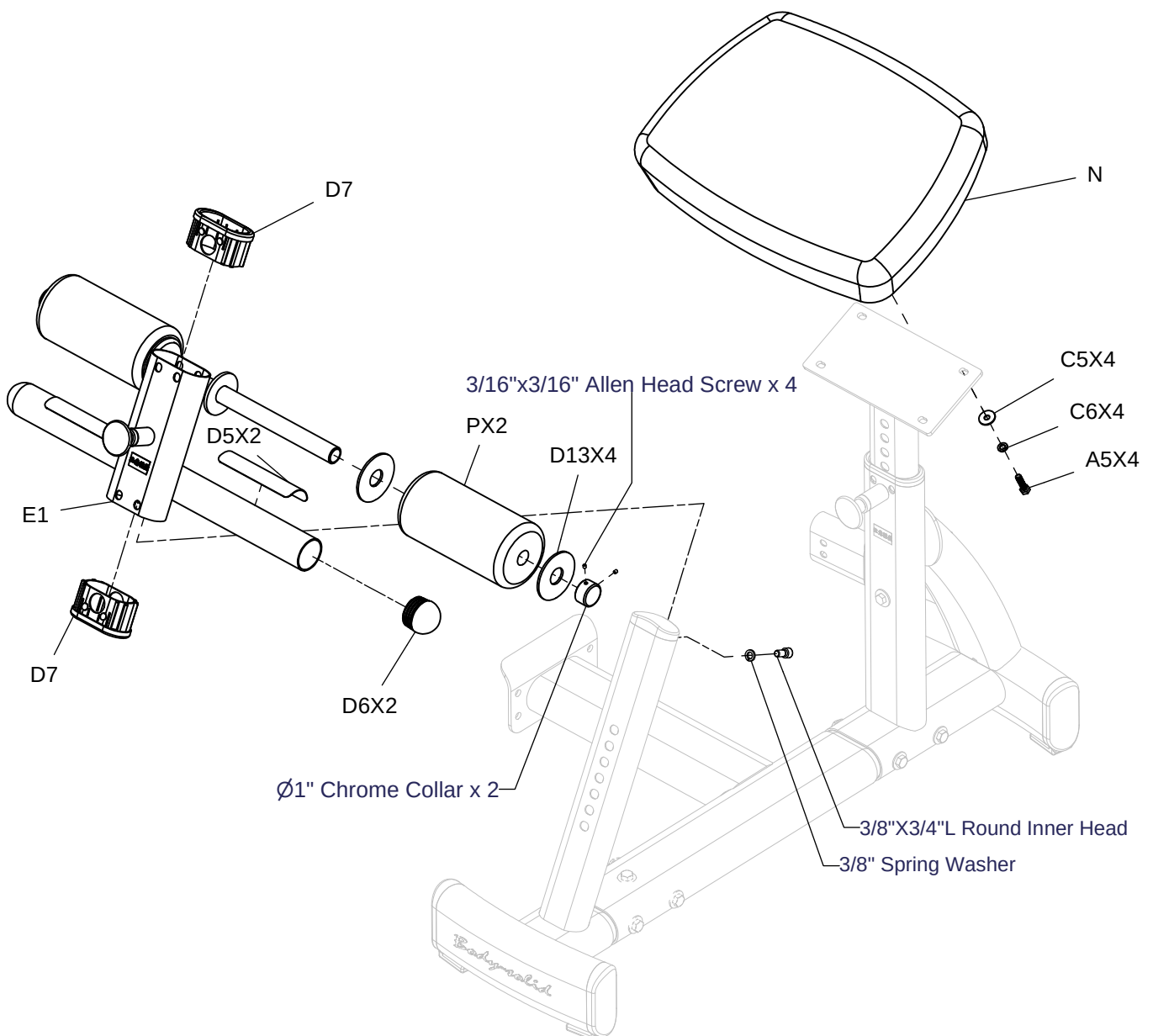
Above shows STEP 1
assembled and completed



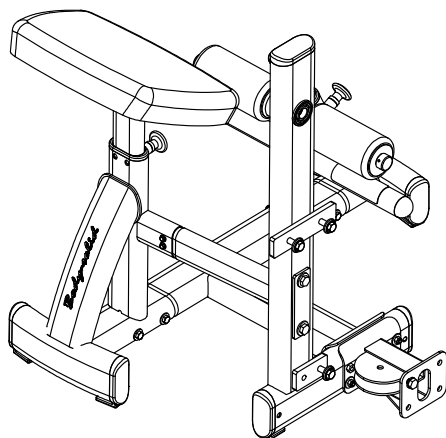
DABB ASSEMBLY INSTRUCTIONS



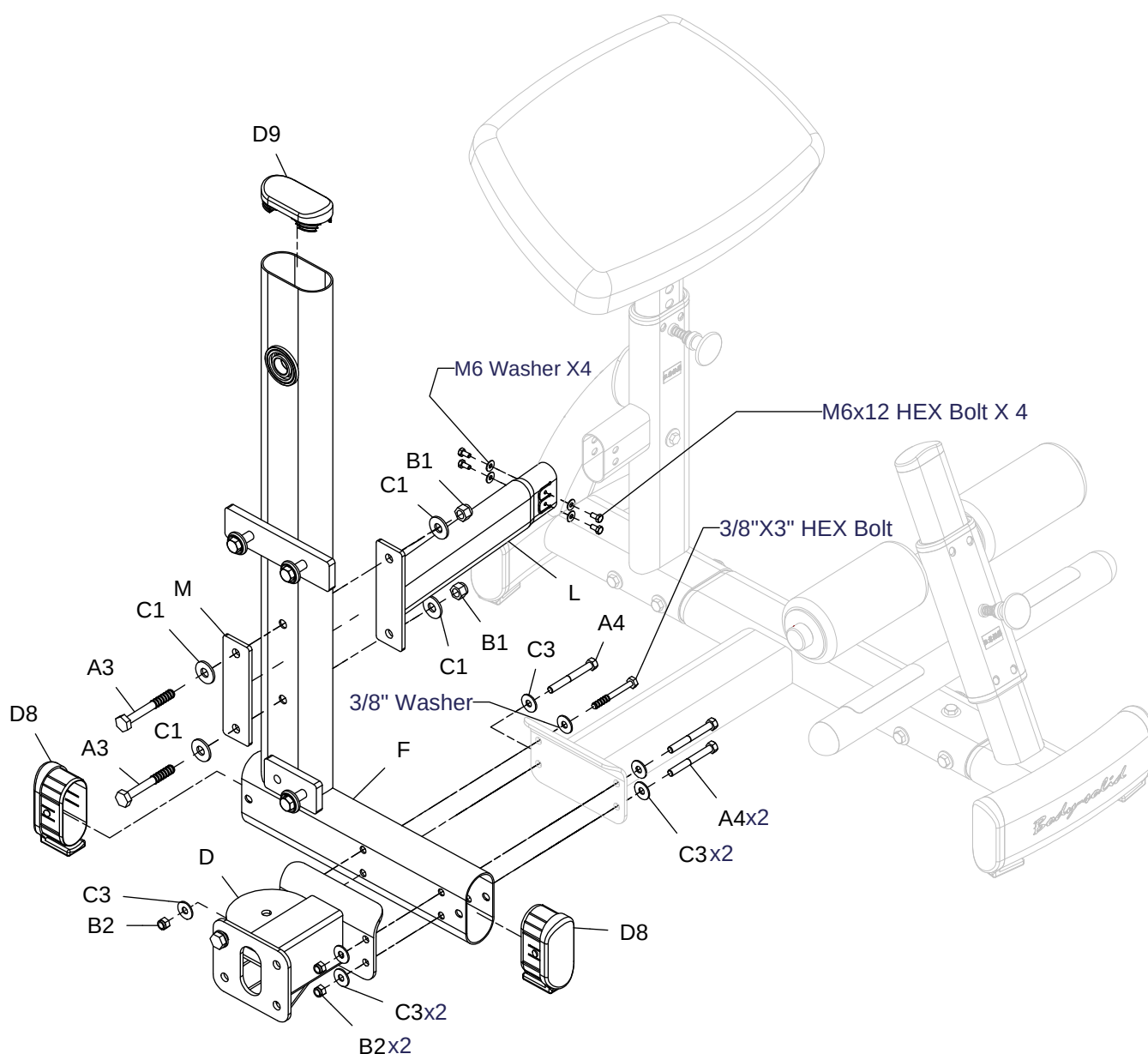
Above shows STEP 2
assembled and completed



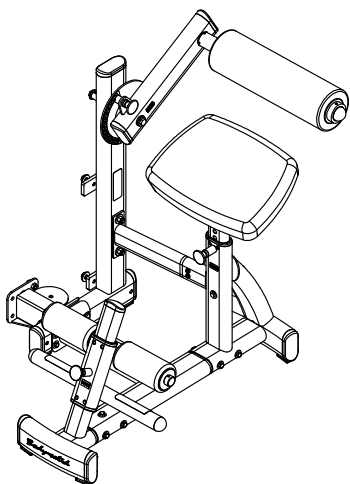
DABB ASSEMBLY INSTRUCTIONS



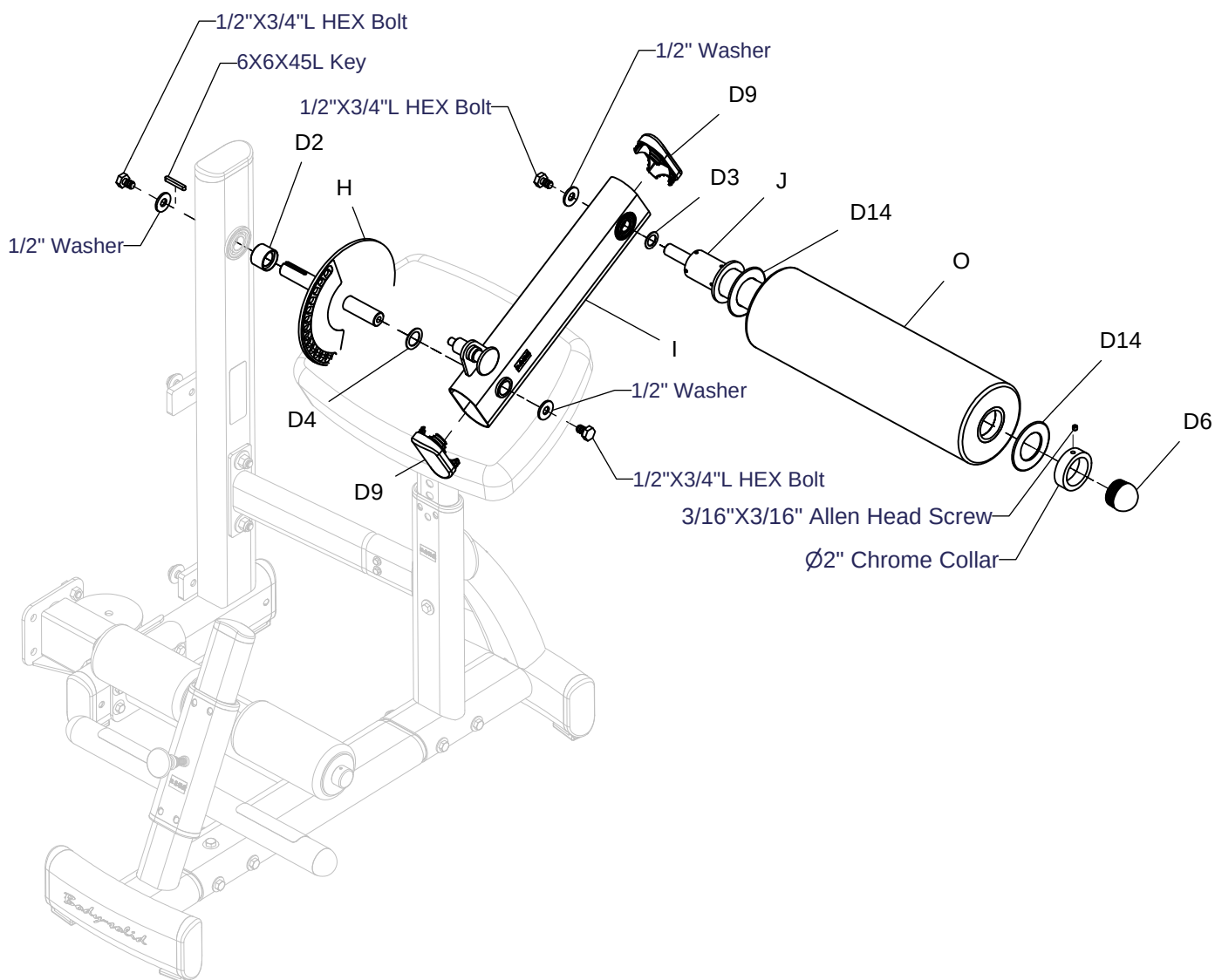
Above shows STEP 3
assembled and completed



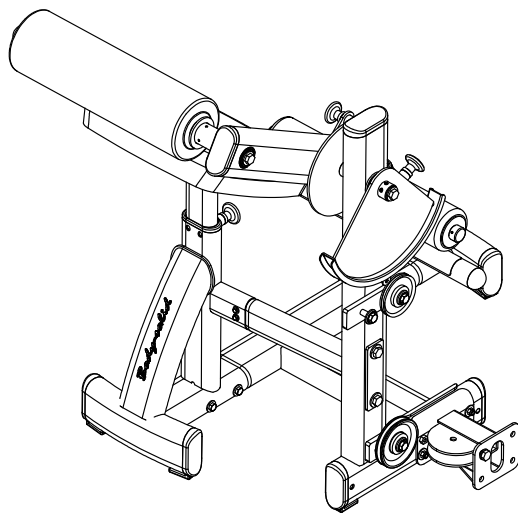
DABB ASSEMBLY INSTRUCTIONS



Above shows STEP 4
assembled and completed

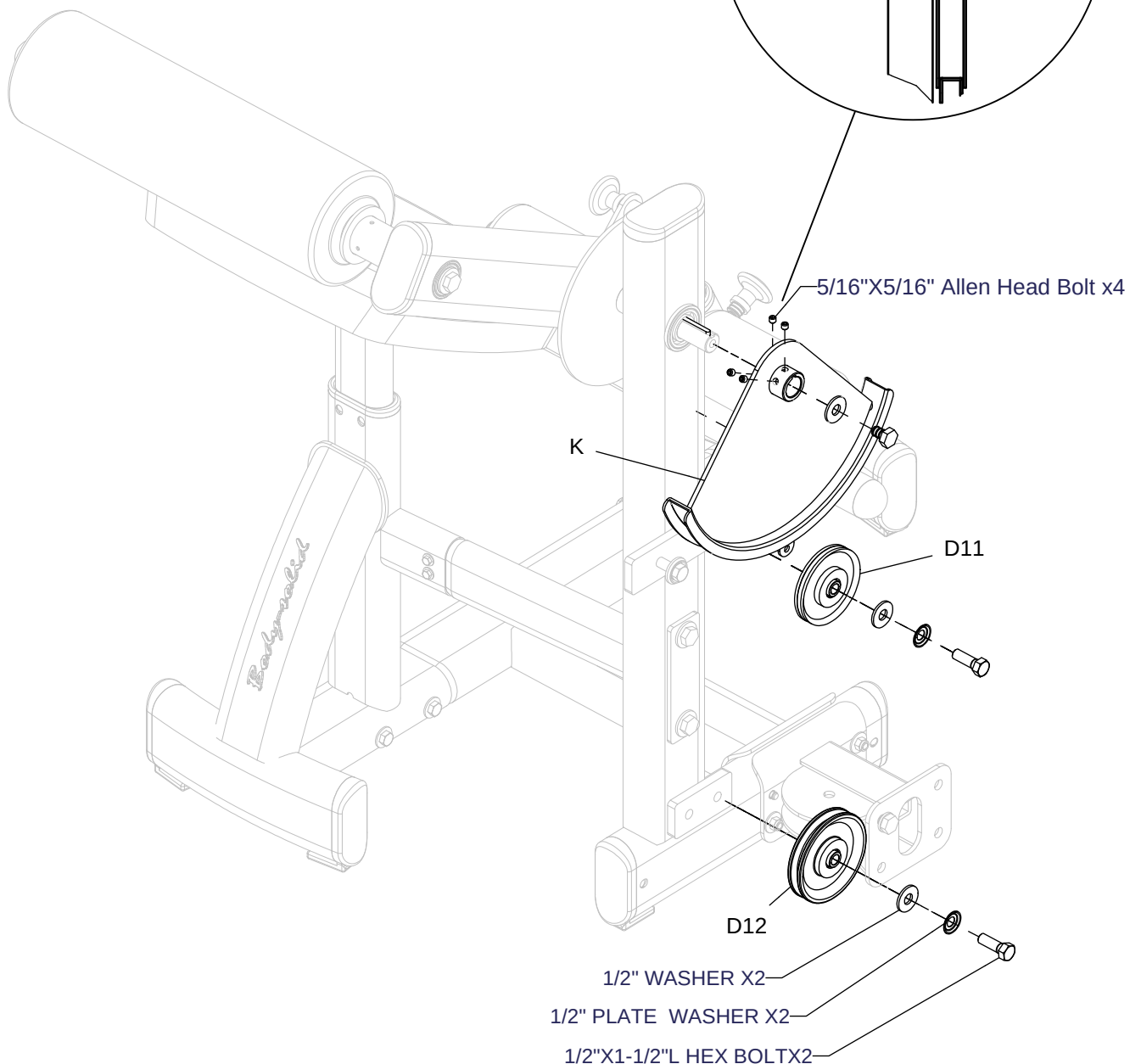
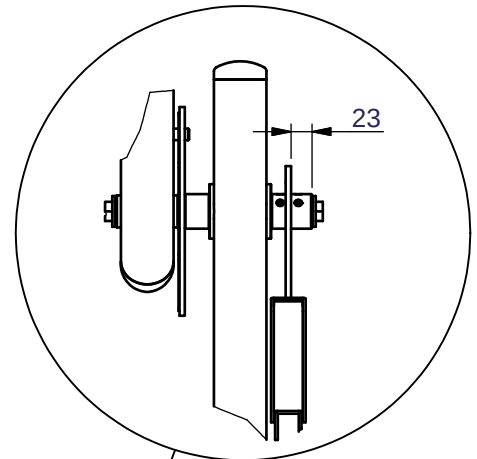


DABB ASSEMBLY INSTRUCTIONS

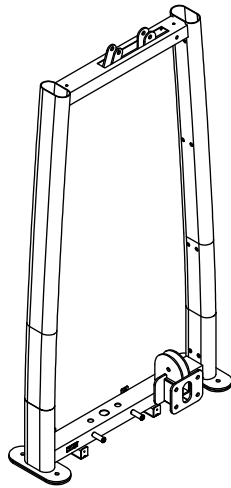


Above shows STEP 5
assembled and completed

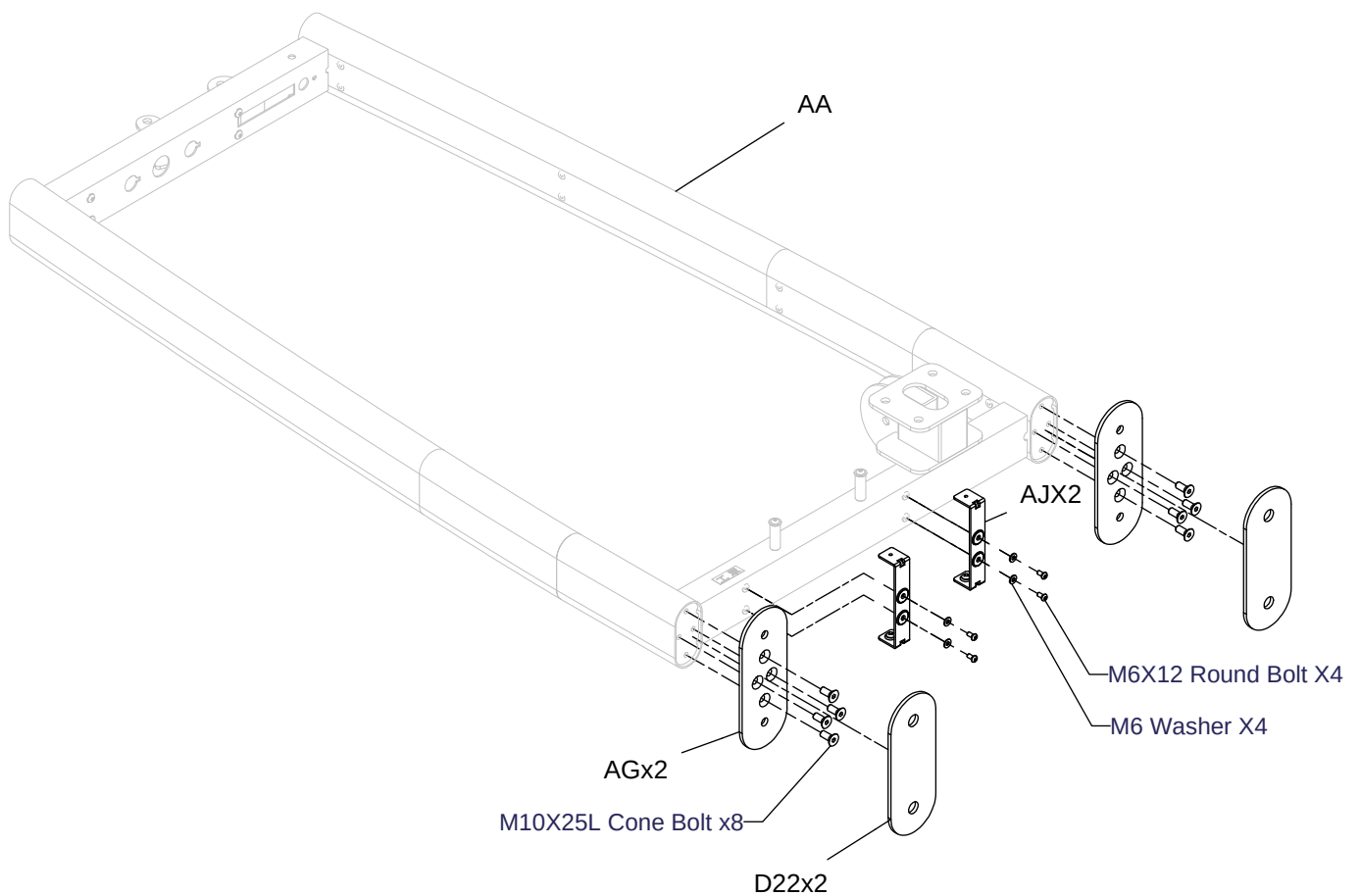
Detail View



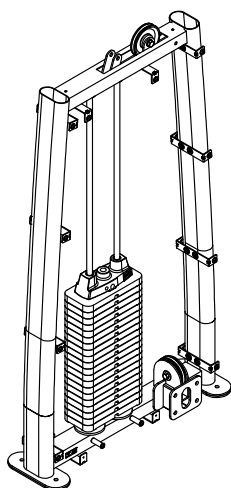
DABB ASSEMBLY INSTRUCTIONS



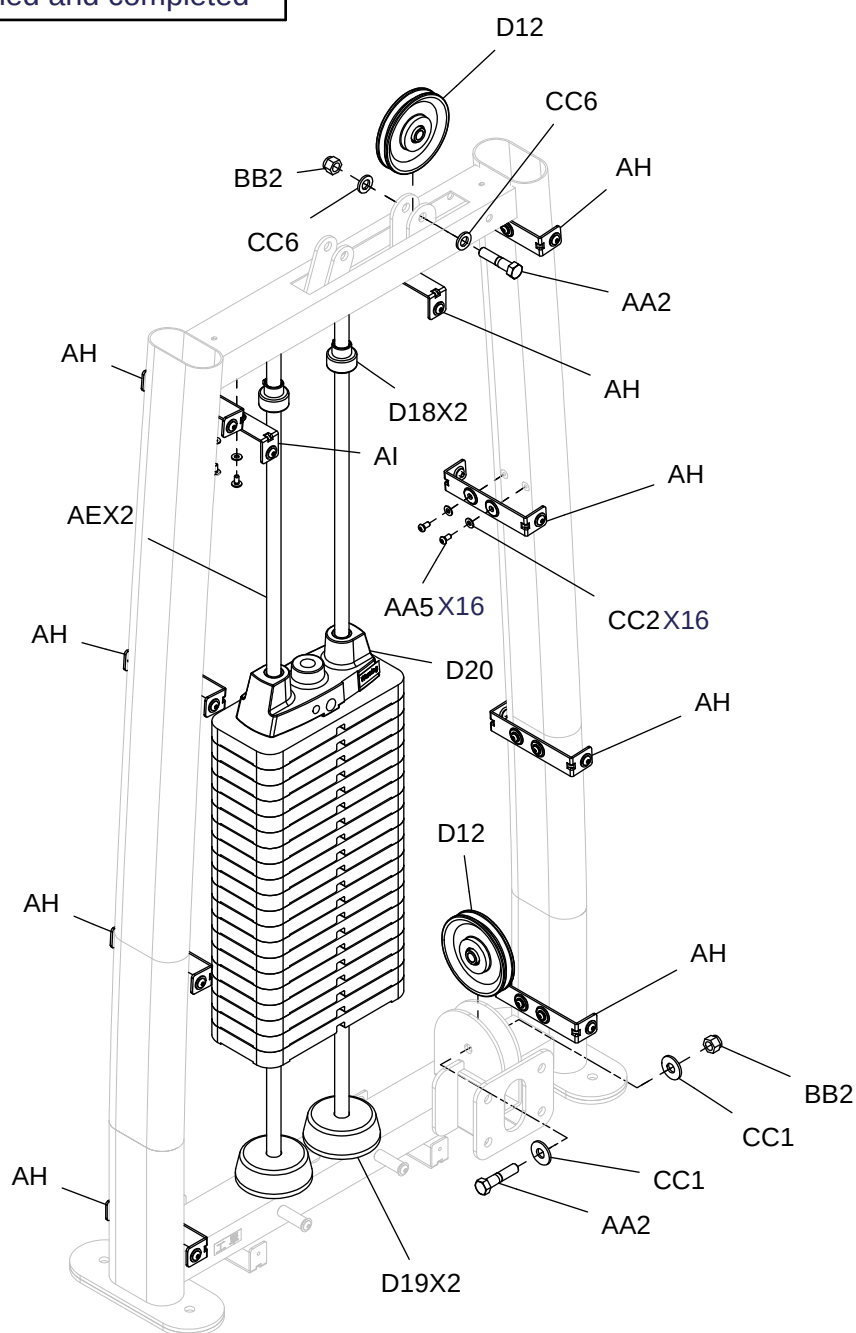
Above shows STEP 6
assembled and completed



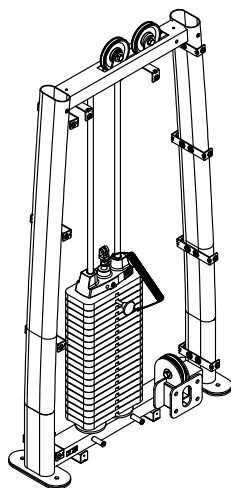
DABB ASSEMBLY INSTRUCTIONS



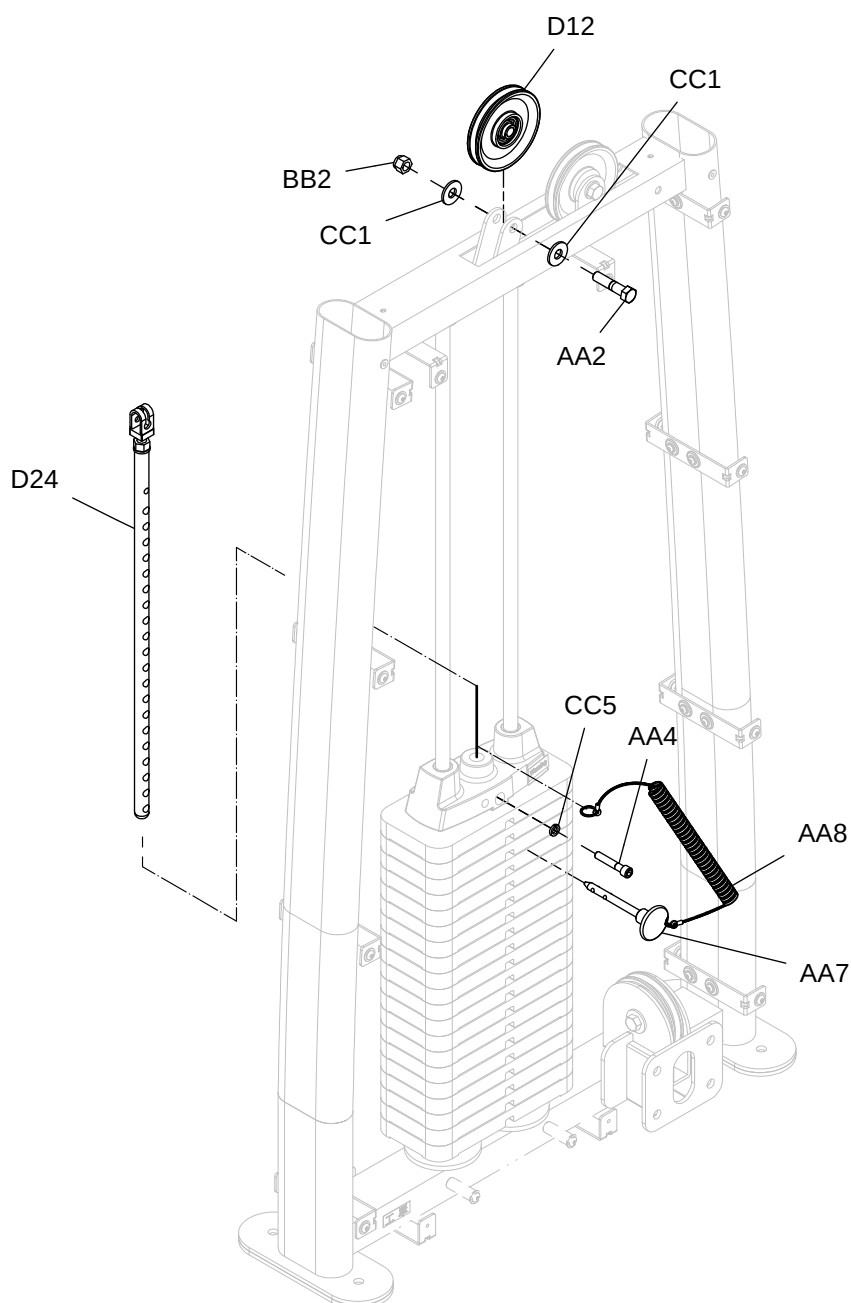
Above shows STEP 7
assembled and completed



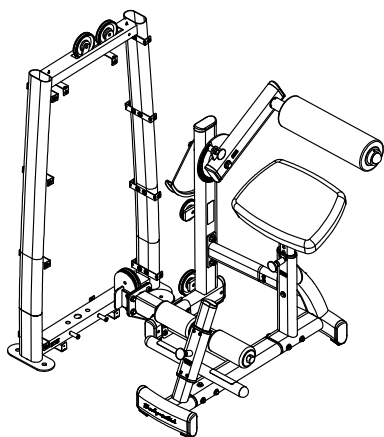
DABB ASSEMBLY INSTRUCTIONS



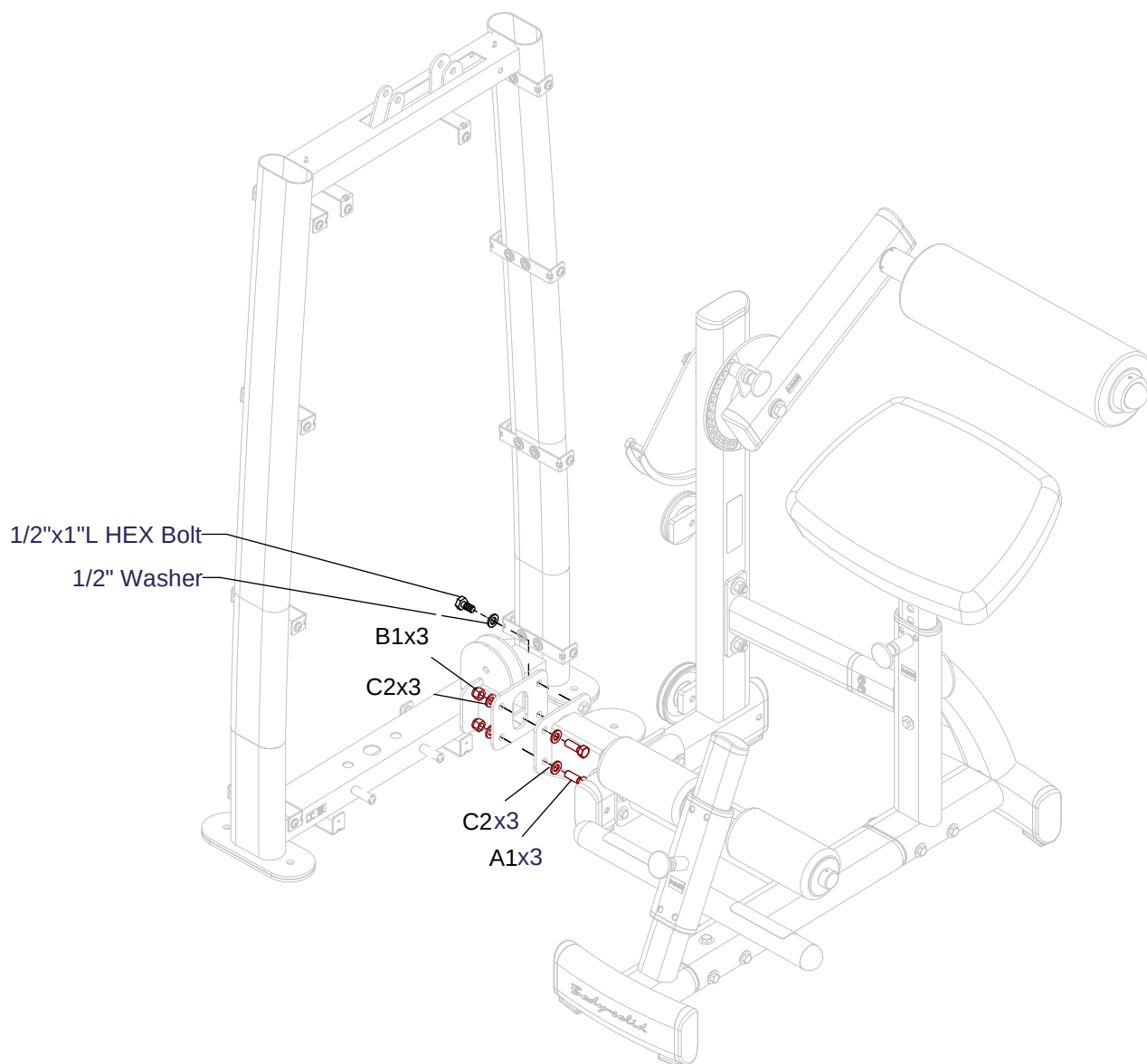
Above shows STEP 8
assembled and completed



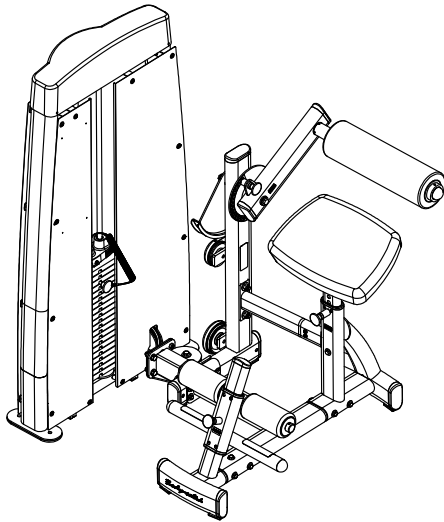
DABB ASSEMBLY INSTRUCTIONS



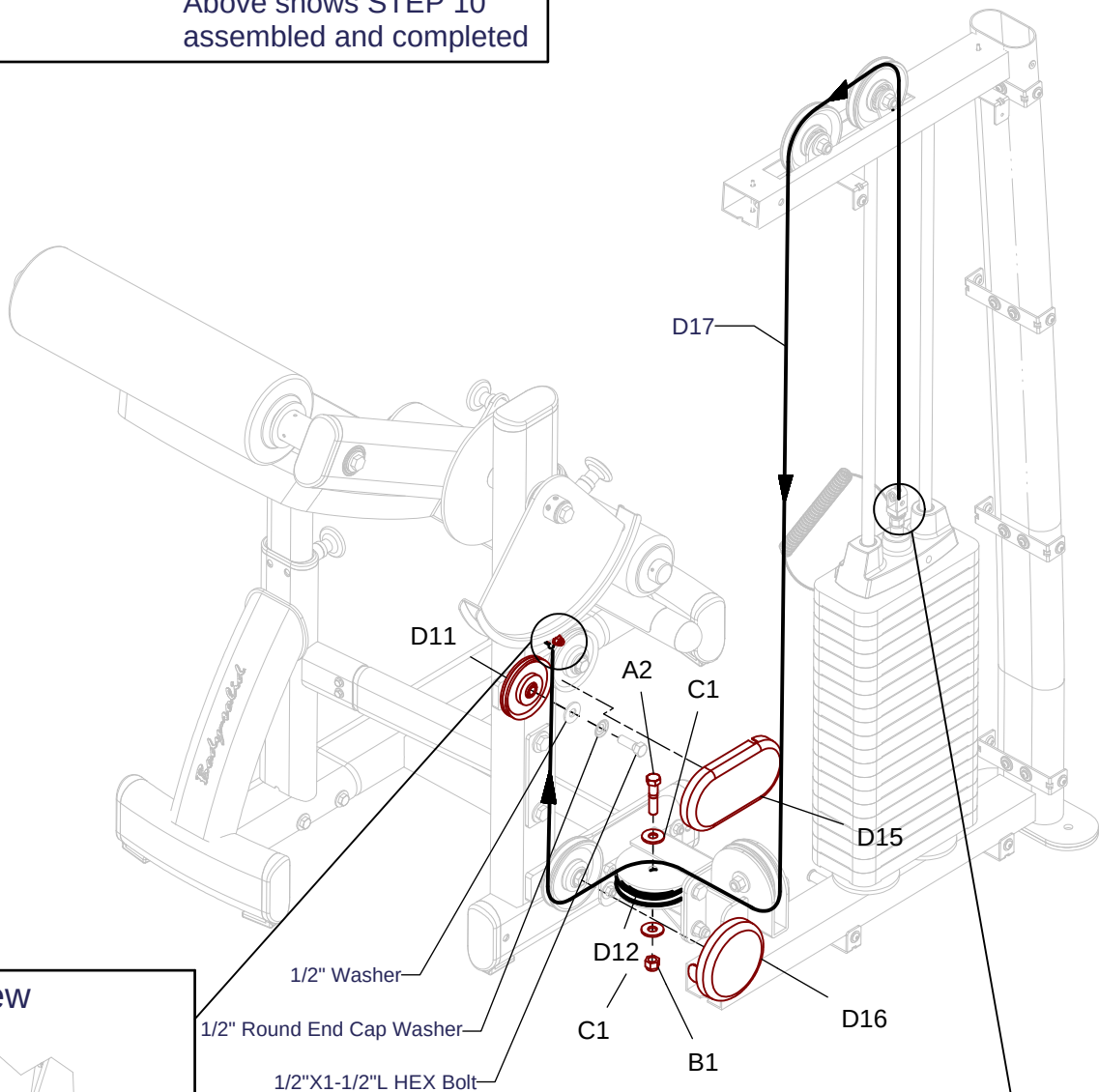
Above shows STEP 9
assembled and completed



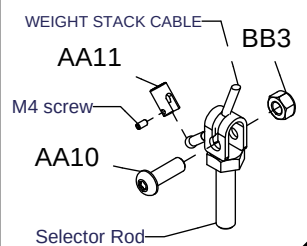
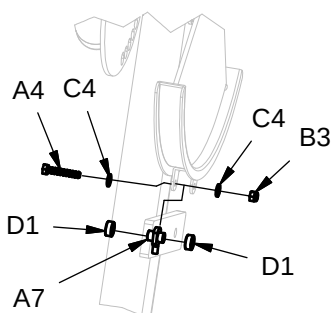
DABB ASSEMBLY INSTRUCTIONS



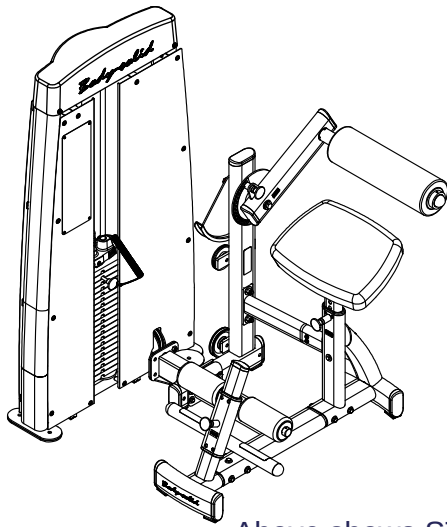
Above shows STEP 10
assembled and completed



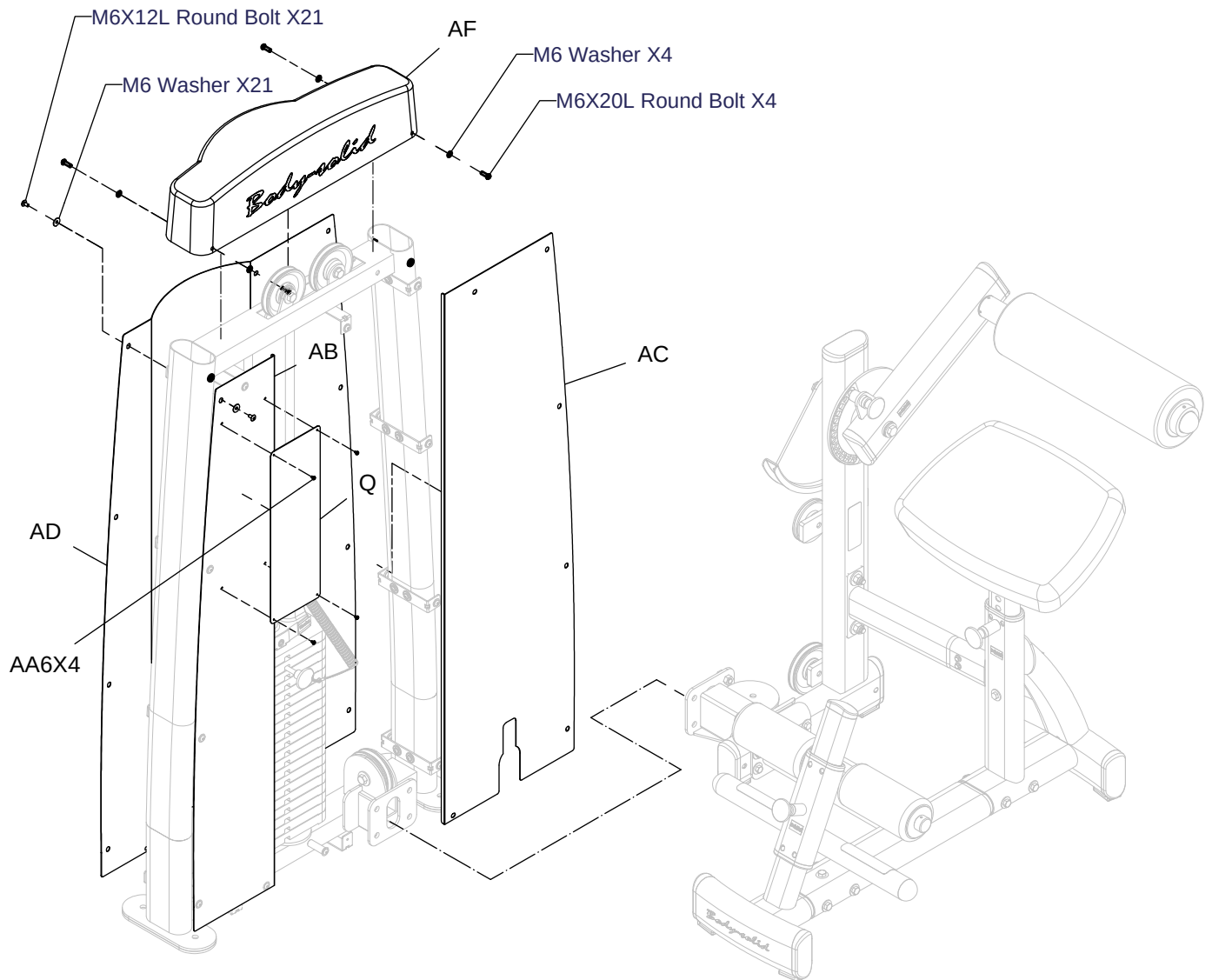
Detail View



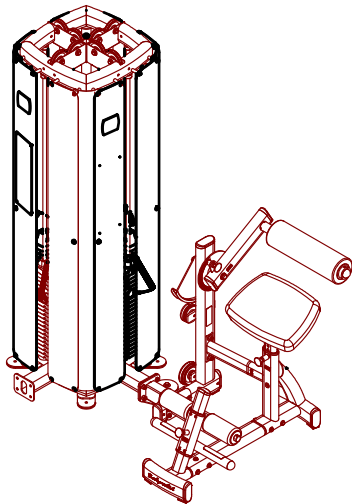
DABB ASSEMBLY INSTRUCTIONS



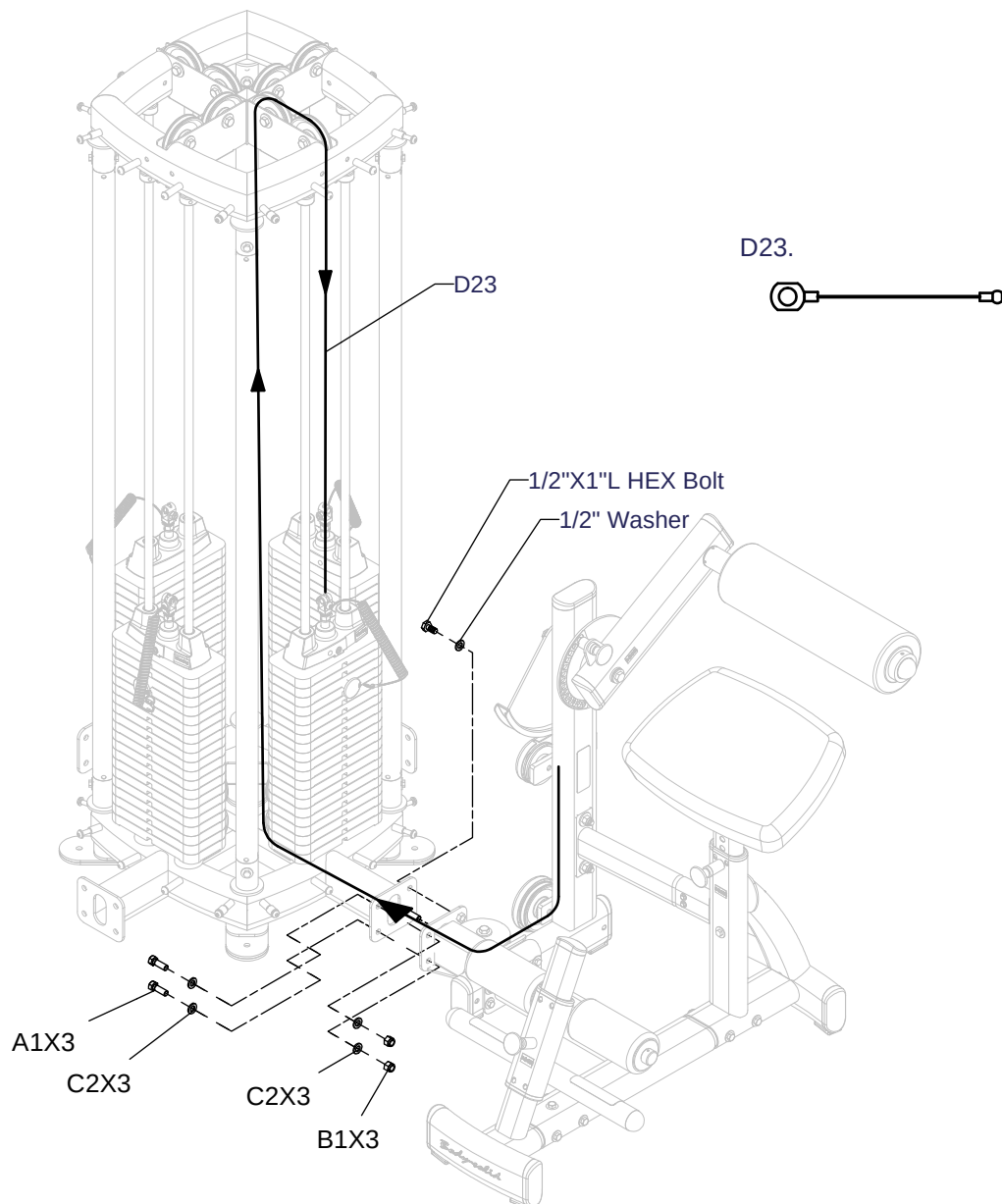
Above shows STEP 11
assembled and completed



DABB ASSEMBLY INSTRUCTIONS



Above shows STEP 12
assembled and completed



DABB ASSEMBLY INSTRUCTIONS

