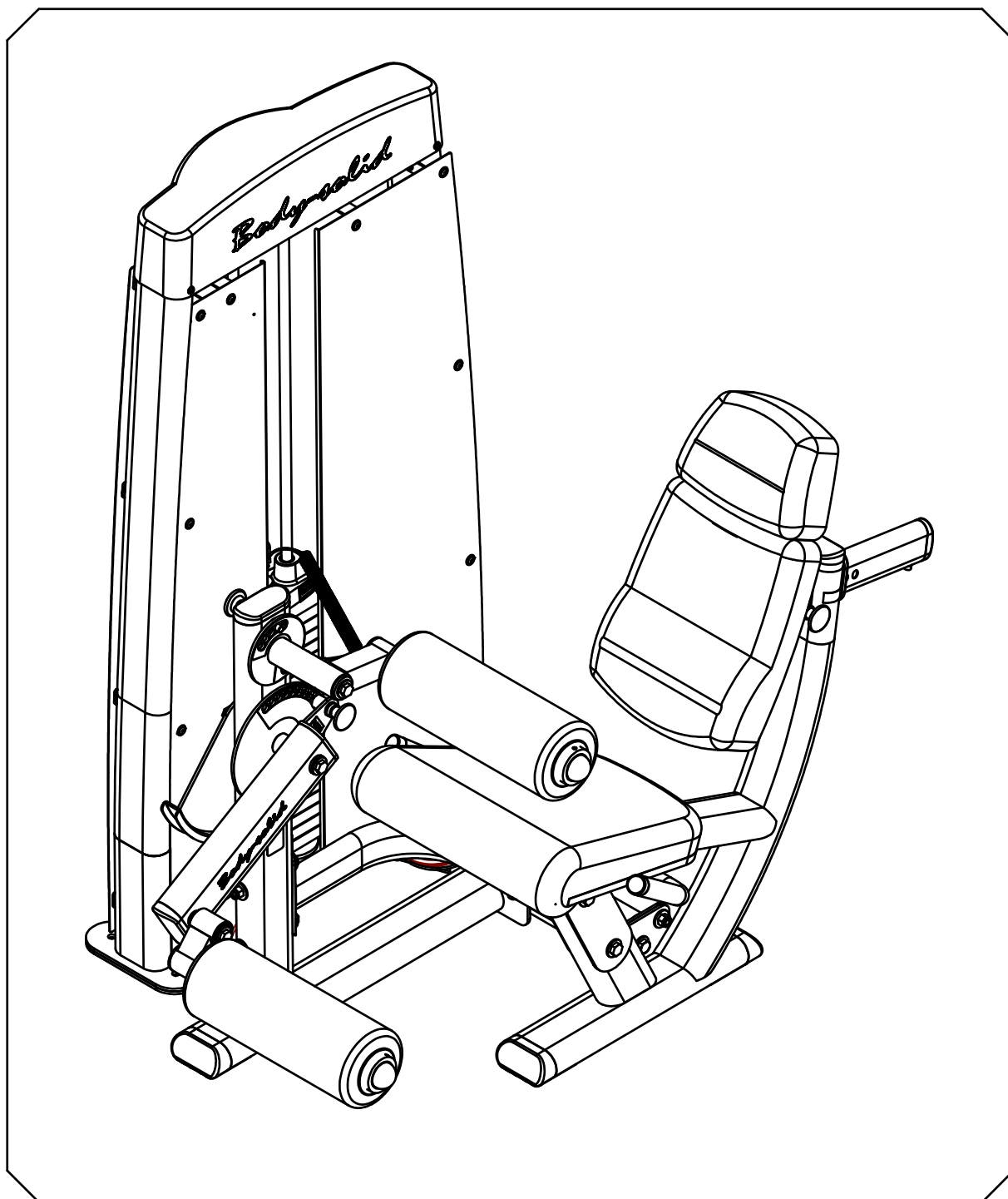


# Body-Solid

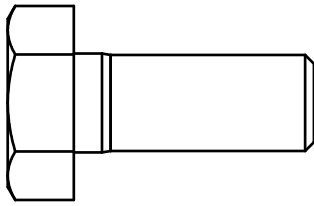


BODY-SOLID, Inc.  
1900 S. Des Plaines Ave.  
Forest Park, IL 60130 USA  
Phone: (708) 427-3555  
Fax: (708) 427-3556  
[www.bodysolid.com](http://www.bodysolid.com)

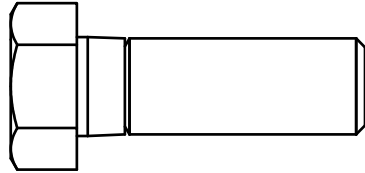
## DLEC.2 OWNER'S MANUAL

# DLEC ASSEMBLY INSTRUCTIONS

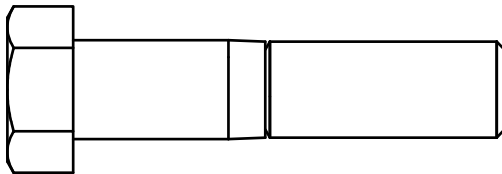
## HARDWARW ILLUSTRATION



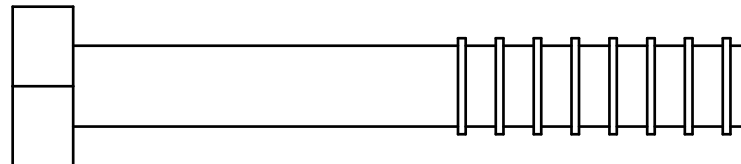
(A1)HEX BOLT 1/2"X1-1/4"L PARTIAL QTY.2



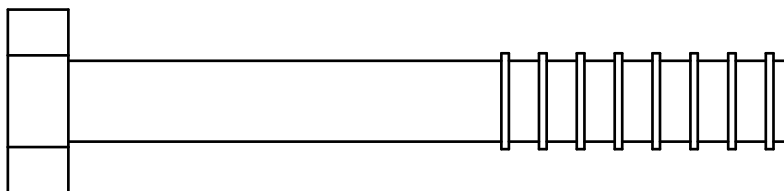
(A2)HEX BOLT 1/2"X1-1/2"L PARTIAL QTY.3



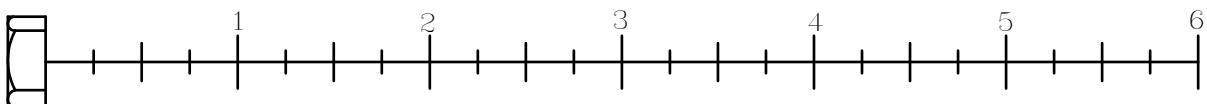
(A3)HEX BOLT 1/2"X2-1/4"L PARTIAL QTY.1



(A4)HEX BOLT 1/2"X3-1/2"L PARTIAL QTY.2

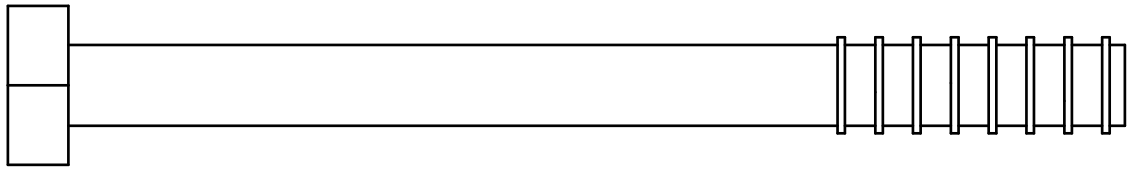


(A5)HEX BOLT 1/2"X3-3/4"L PARTIAL QTY.1

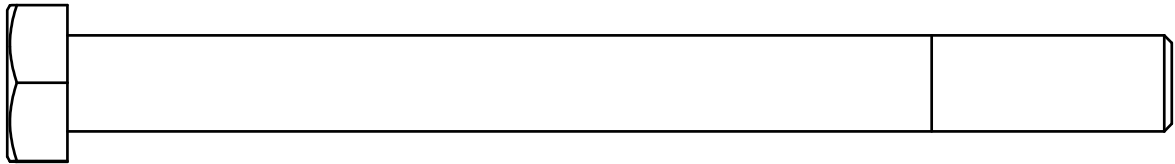


# DLEC ASSEMBLY INSTRUCTIONS

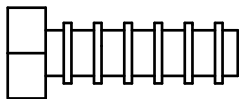
## HARDWARW ILLUSTRATION



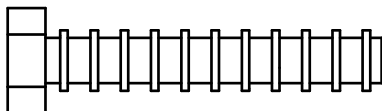
(A6)HEX BOLT 1/2"X5-1/2"L PARTIAL QTY.2



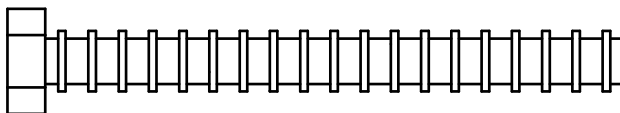
(A7)HEX BOLT 1/2"X5-3/4"L PARTIAL QTY.2



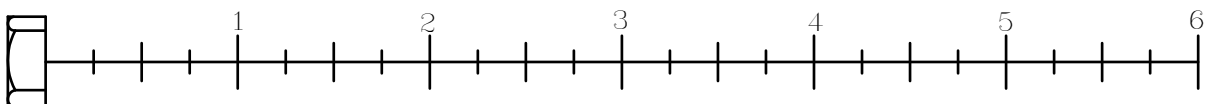
(A8)HEX BOLT 5/16"X1"L PARTIAL QTY.6



(A9)HEX BOLT 5/16"X1-3/4"L PARTIAL QTY.1

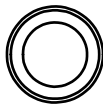


(A10)HEX BOLT 5/16"X3"L PARTIAL QTY.1

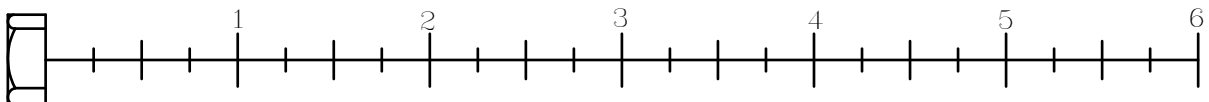


# DLEC ASSEMBLY INSTRUCTIONS

## HARDWARE ILLUSTRATION

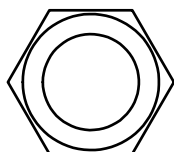
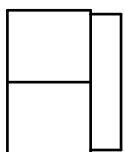


(A11)STEEL BUSHING  $\varnothing 1/2"$ X $\varnothing 8.5$ X21L QTY.1

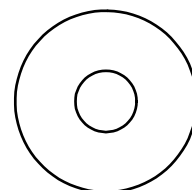


# DLEC ASSEMBLY INSTRUCTIONS

## HARDWARE ILLUSTRATION



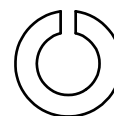
(B1) NYLON LOCK NUT 1/2" QTY.13



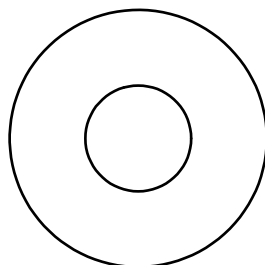
(C4) 5/16" (I.D.) FLAT WASHER Ø24 QTY.7



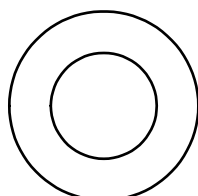
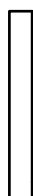
(B2) NYLON LOCK NUT 5/16" QTY.1



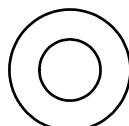
(C5) SPRING WASHER 5/16" QTY.7



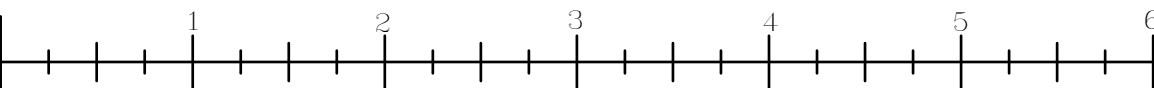
(C1) 1/2" (I.D.) FLAT WASHER Ø34 QTY.20



(C2) 1/2" (I.D.) FLAT WASHER Ø25 QTY.6

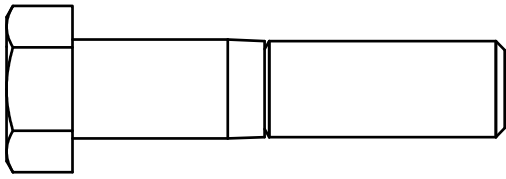


(C3) 5/16" (I.D.) FLAT WASHER Ø16 QTY.2

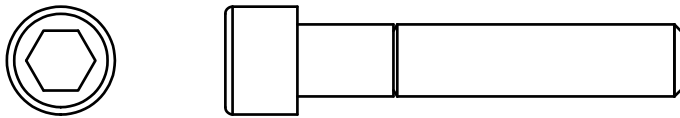


# DLEC ASSEMBLY INSTRUCTIONS

## HARDWARW ILLUSTRATION



(AA2)HEX BOLT 1/2"X2-1/4"L PARTIAL QTY.3



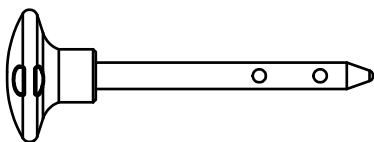
(AA4)ROUND INNER HEAD 3/8"X2"L PARTIAL QTY.1



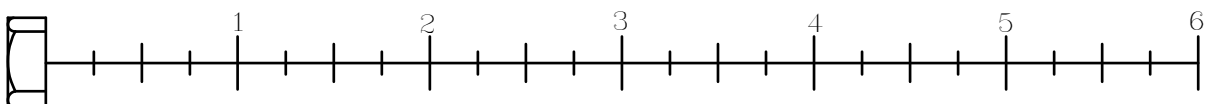
(AA5)ROUND INNER HEX SCREW M6X20L PARTIAL QTY.20



(AA6)ROUND CROSS SCREW 5/32"X1/4"L PARTIAL QTY.4

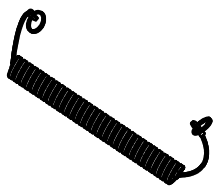


(AA7)10LB PIN(8250-071) QTY.1

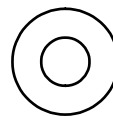


# DLEC ASSEMBLY INSTRUCTIONS

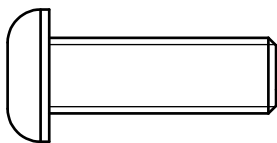
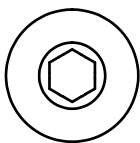
## HARDWARW ILLUSTRATION



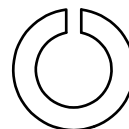
(AA8)ELASTIC BOLT QTY.1



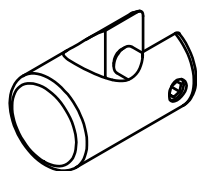
(CC2)M6(I.D.)FLAT WASHER Ø13 QTY.20



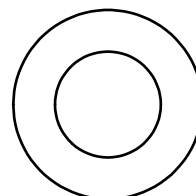
(AA10)ROUND INNER HEX SCREW  
M10X30L PARTIAL QTY.1



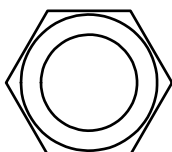
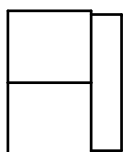
(CC5)SPRING WASHER 3/8" QTY.1



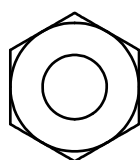
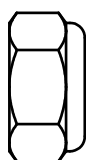
(AA11)FIRM SHEATH(8890-046) QTY.1



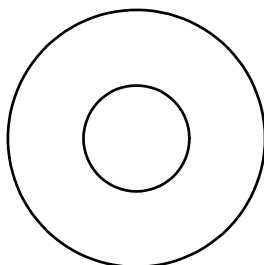
(CC6)1/2"(I.D.)FLAT WASHER Ø25 QTY.2



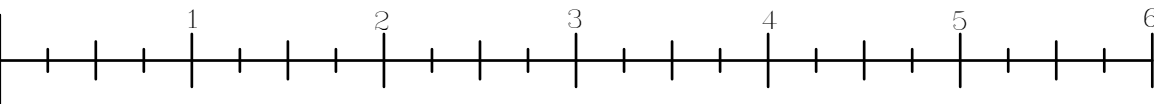
(BB2)NYLON LOCK NUT1/2" QTY.3



(BB3)NYLON LOCK NUT M10 QTY.1



(CC1)1/2"(I.D.)FLAT WASHER Ø34 QTY.4

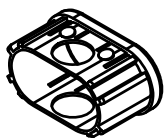


# DLEC ASSEMBLY INSTRUCTIONS

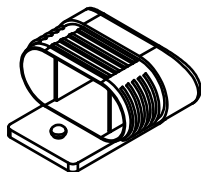
## HARDWARW ILLUSTRATION

|    |    |                                                        |
|----|----|--------------------------------------------------------|
| D1 | D2 | (D1)Ø3/4"X13.5X8L STEEL BUSHING(8110-014)-----[2PCS]   |
|    |    | (D2)Ø25.4XØ20.4X10L STEEL BUSHING(8120-040)-----[1PCS] |
| D3 | D4 | (D3)Ø38"XØ25.2X27L STEEL BUSHING(8130-159)-----[1PCS]  |
|    |    | (D4)Ø30"XØ20X1.5t CU WASHER(8520-007) -----[1PCS]      |
|    |    | (D5)Ø38"XØ26X1.5t CU WASHER(8520-008)-----[3PCS]       |
|    |    | (D6)Ø50 ROUND END CAP(9211-074) -----[2PCS]            |
|    |    | (D7)50X100 NYLON BUSHING(9211-107)-----[2PCS]          |
|    |    | (D8)58X116X2.5tX65H FOOT CAP(9211-109) -----[3PCS]     |
|    |    | (D9)58X116X2.5t END CAP(9211-112) -----[4PCS]          |
|    |    | (D10)40X80X2t END CAP(9211-113) -----[1PCS]            |
|    |    | (D11)Ø4" PULLEY(9213-017A) -----[2PCS]                 |
|    |    | (D12)Ø4 1/2" PULLEY(9213-010B) -----[5PCS]             |
|    |    | (D13)Ø50 END CAP(9211-020)-----[2PCS]                  |
|    |    | (D14)Ø90XØ51X3t NYLON WASHER(9214-022)-----[4PCS]      |
|    |    | (D15) 207X105X23 END CAP(9211-115)-----[1PCS]          |
|    |    | (D16)Ø131X30 END CAP(9211-116) -----[1PCS]             |
|    |    | (D17)3580mm STEEL CABLE(FDLECA)-----[1PCS]             |
|    |    | (D18)Ø3/4" SHAFT COLLAR(9211-046) -----[2PCS]          |
|    |    | (D19)Ø4" RUBBER DOUNT(9310-017) -----[2PCS]            |
|    |    | (D20)TOP PLATE(8400-006) -----[1PCS]                   |
|    |    | (D22)95X250 RUBBER PAD(9310-060) -----[2PCS]           |
|    |    | (D23)DLEC FOR DGYM CABLE(FDLECB)-----[1PCS]            |
|    |    | (D24)WEIGHT SELECTOR BAR(8210-042B) -----[1PCS]        |

D7



D8



D9



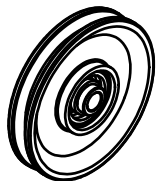
D10



D11



D12



D13



D14



D15



D16



D17



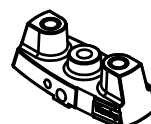
D18



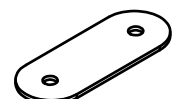
D19



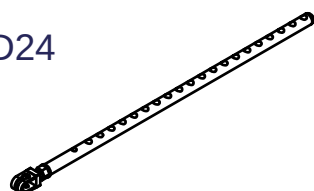
D20



D22



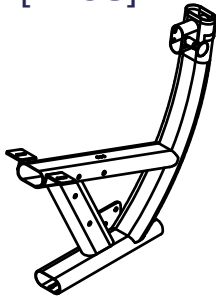
D24



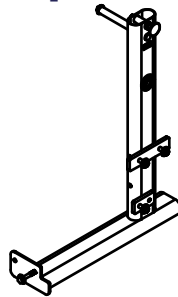
# DLEC ASSEMBLY INSTRUCTIONS

## PARTS ILLUSTRATION

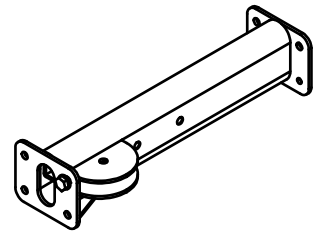
A2[1PCS]



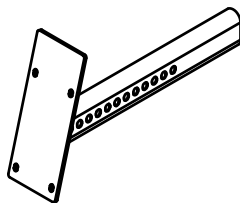
B [1PCS]



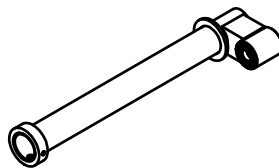
C [1PCS]



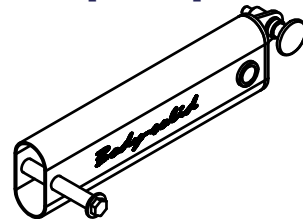
D [1PCS]



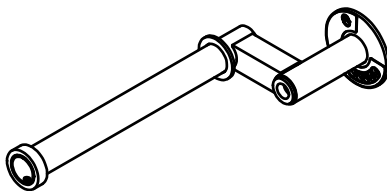
E[1PCS]



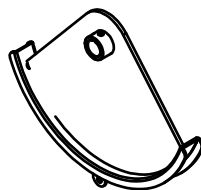
F [1PCS]



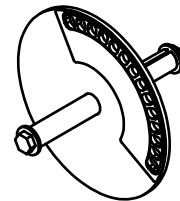
G1 [1PCS]



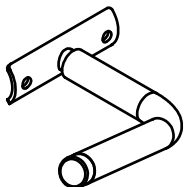
H [1PCS]



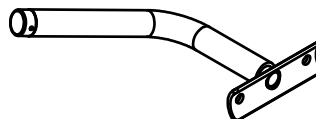
I [1PCS]



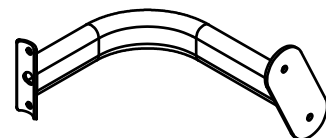
J [1PCS]



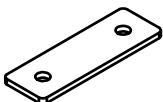
K [1PCS]



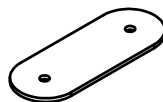
L [1PCS]



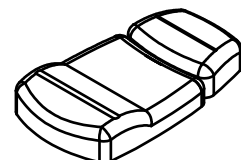
M [1PCS]  
8321-062



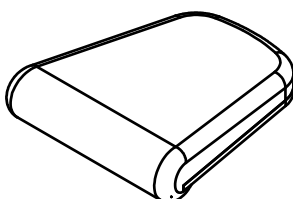
N [1PCS]  
8313-135



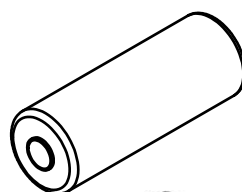
O[1PCS]  
9111-055



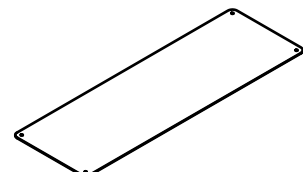
P [2PCS]  
9121-053



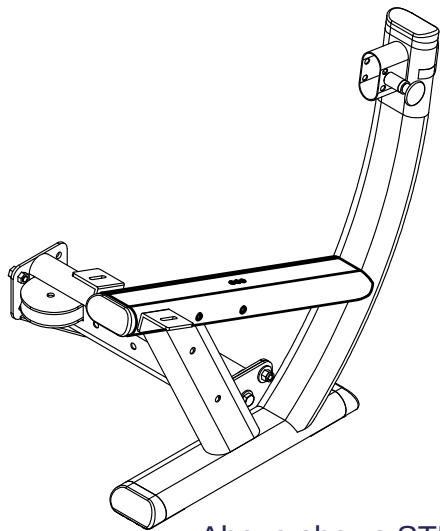
Q [2PCS]  
9161-034



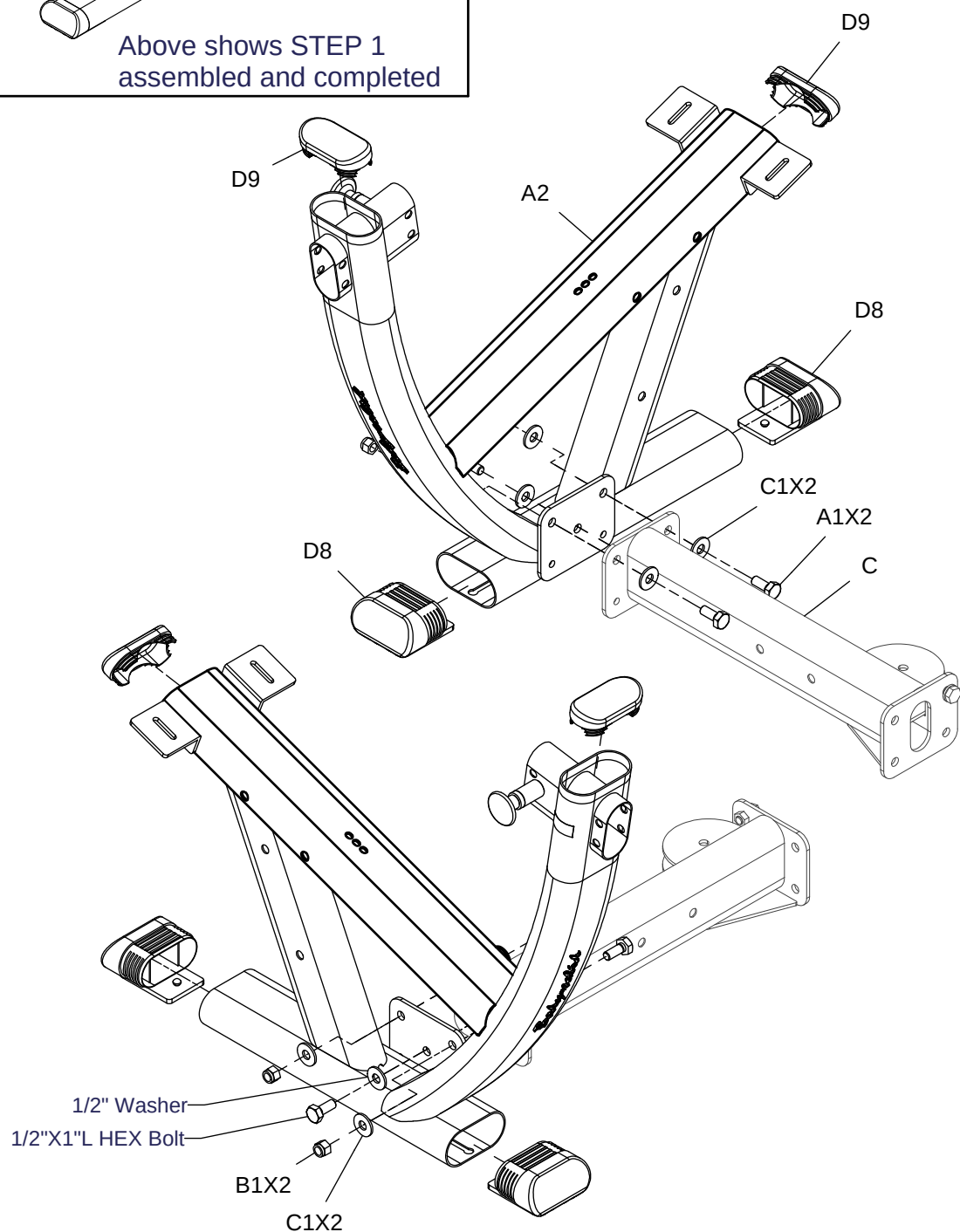
R [1PCS]  
9440-161



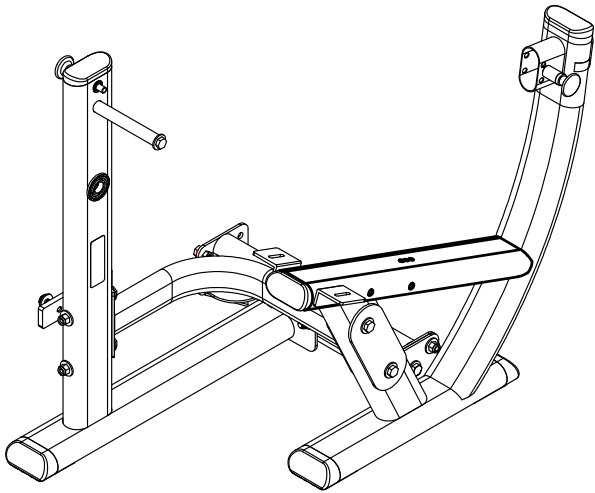
# DLEC ASSEMBLY INSTRUCTIONS



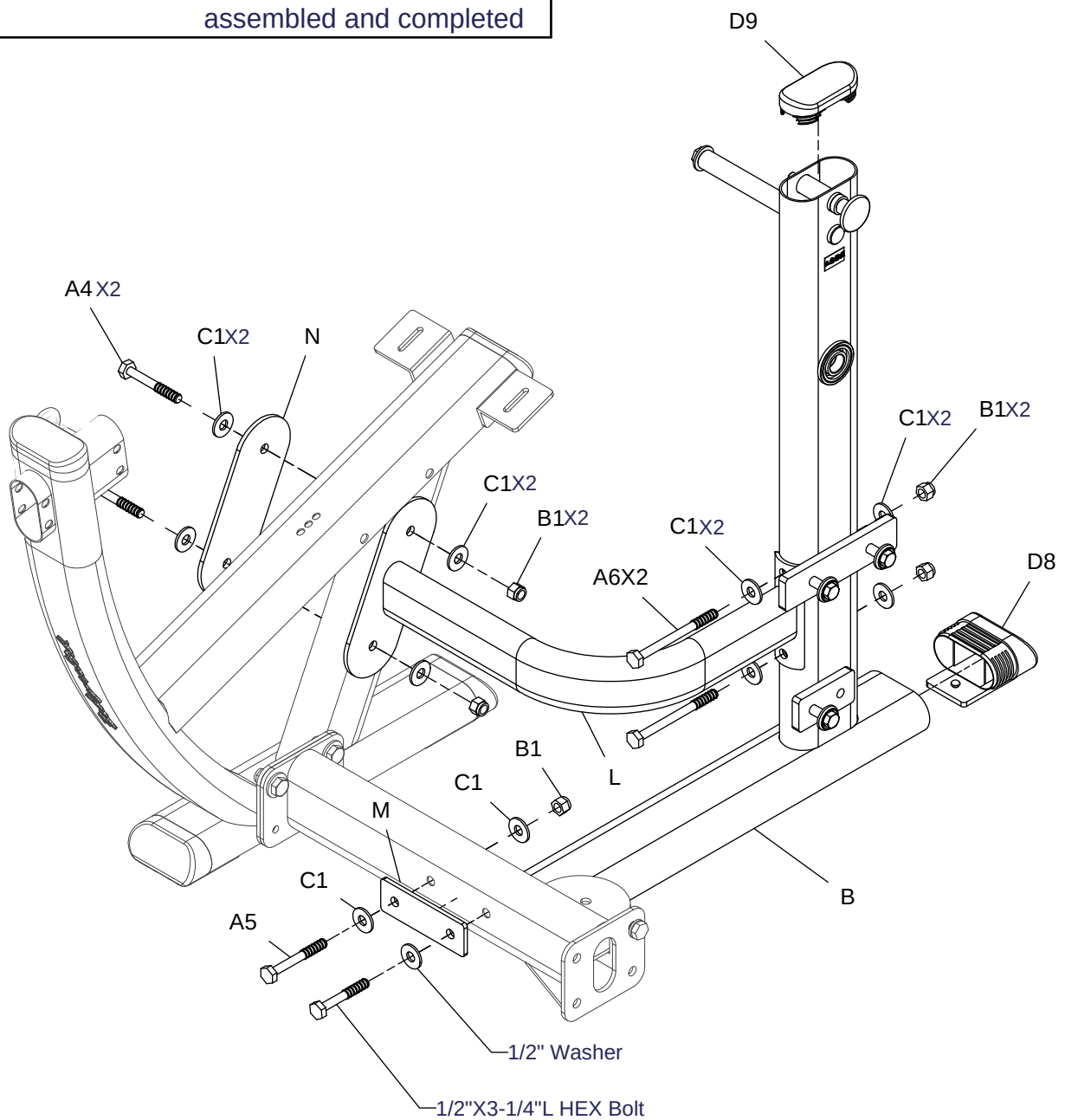
Above shows STEP 1  
assembled and completed



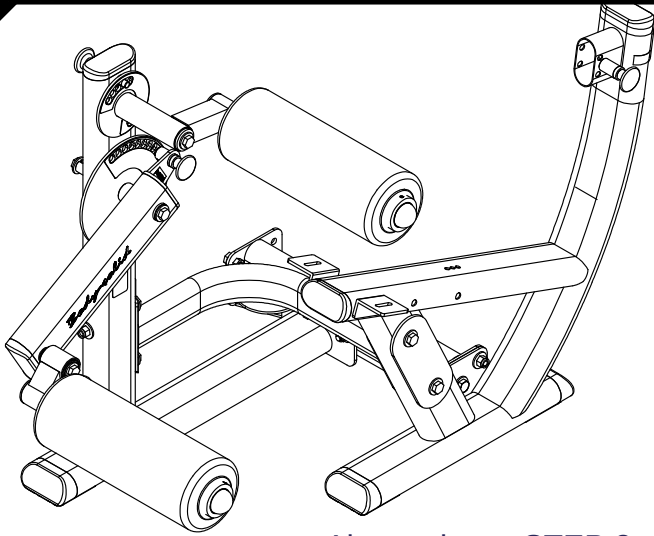
# DLEC ASSEMBLY INSTRUCTIONS



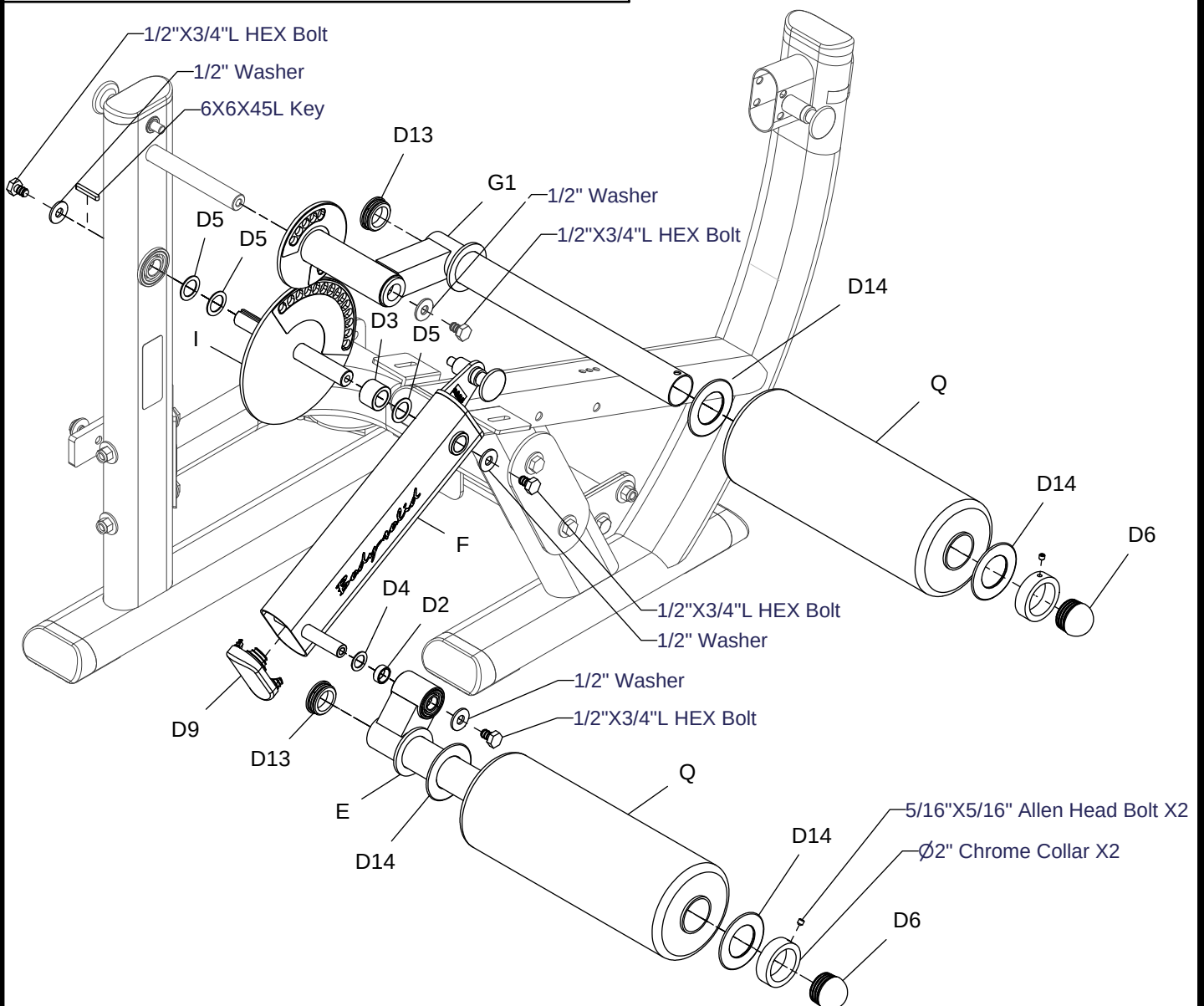
Above shows STEP 2  
assembled and completed



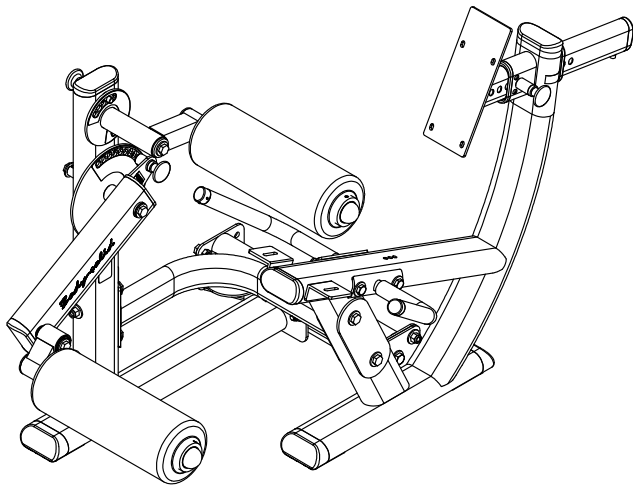
# DLEC ASSEMBLY INSTRUCTIONS



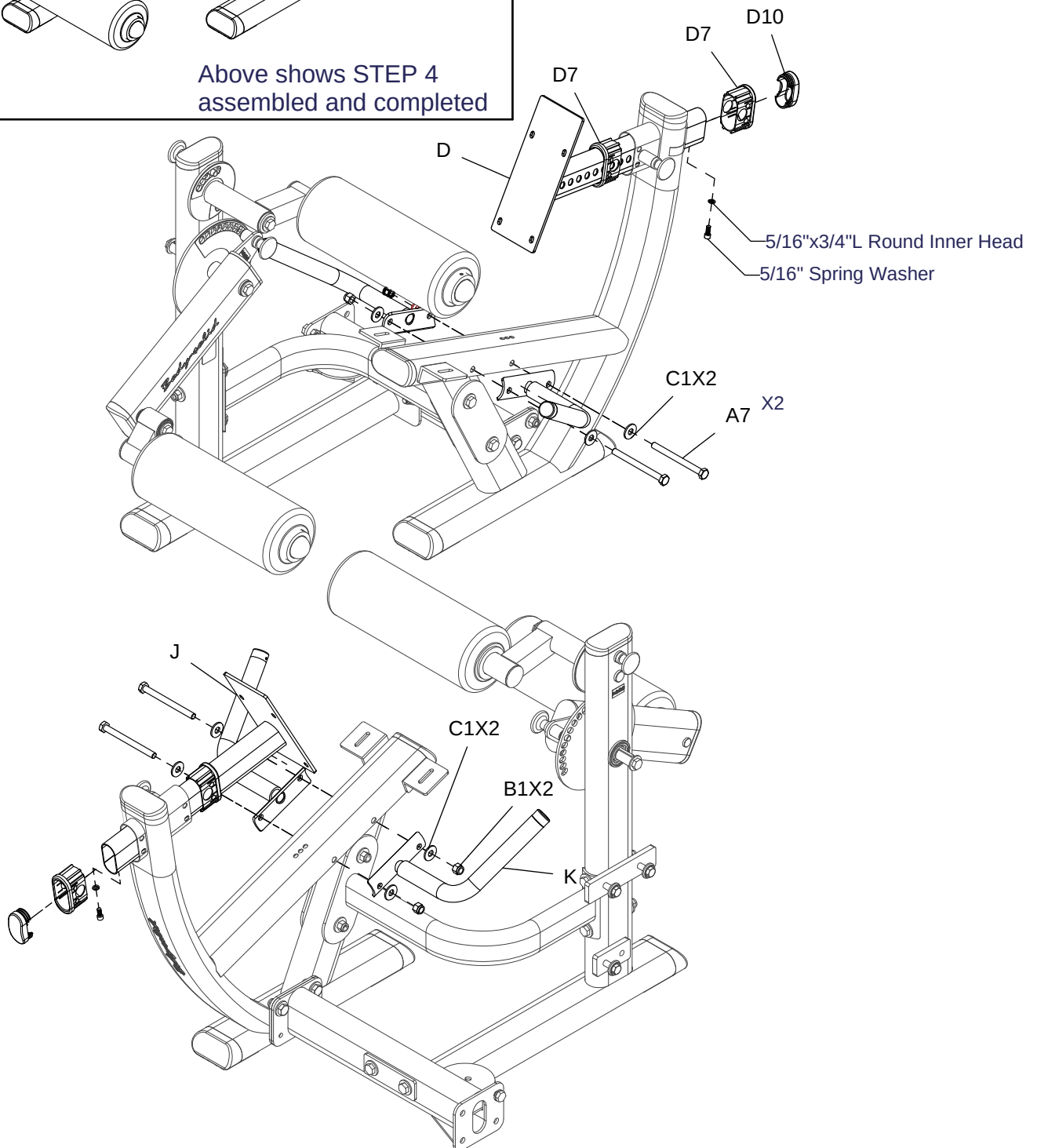
Above shows STEP 3  
assembled and completed



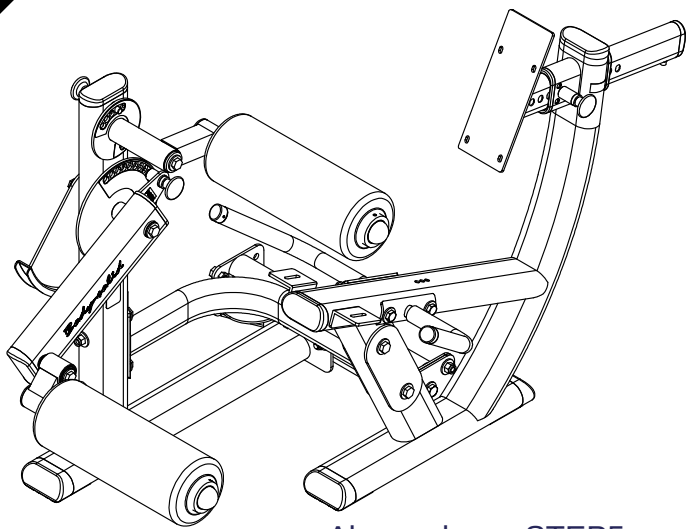
# DLEC ASSEMBLY INSTRUCTIONS



Above shows STEP 4  
assembled and completed

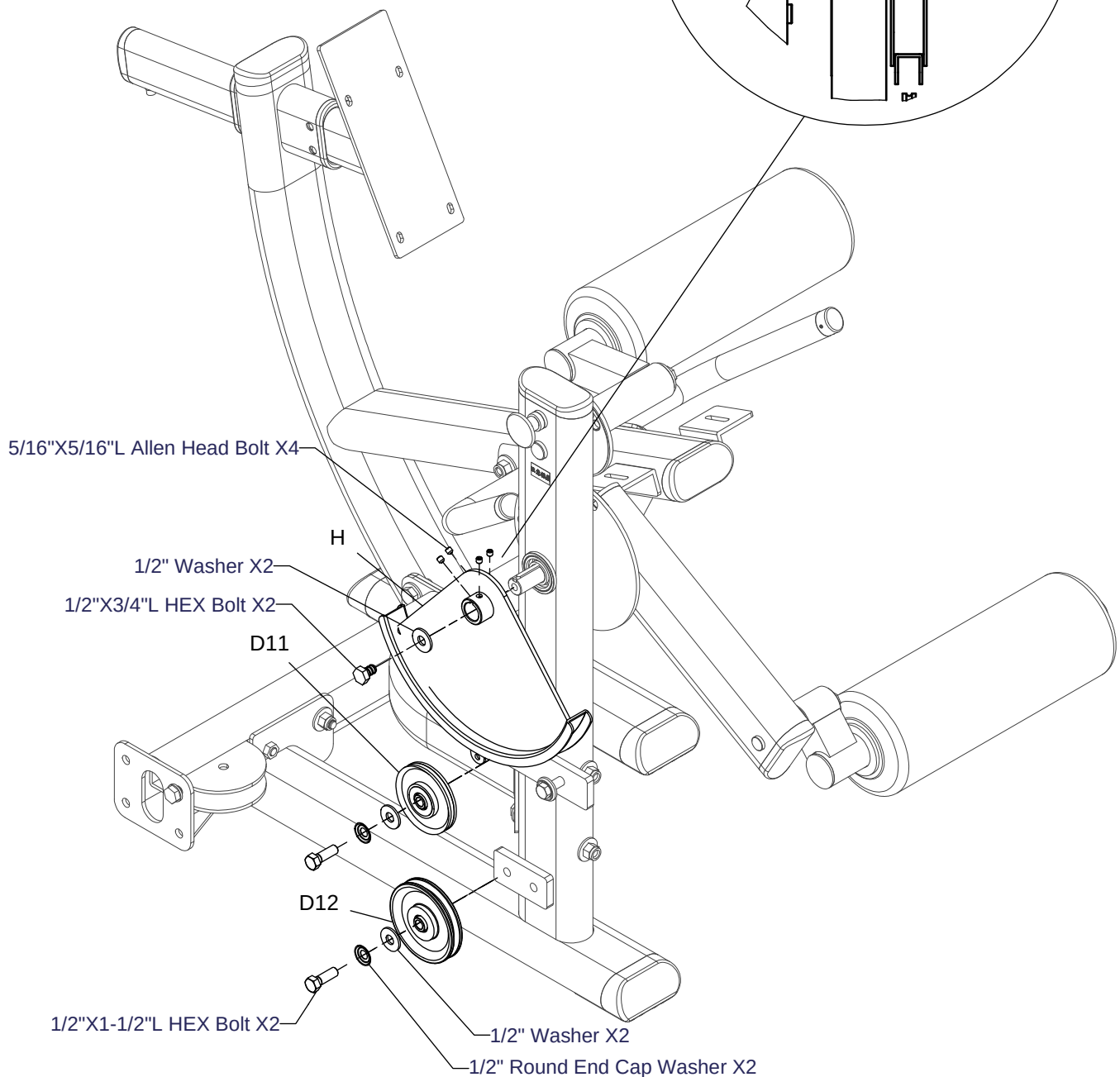
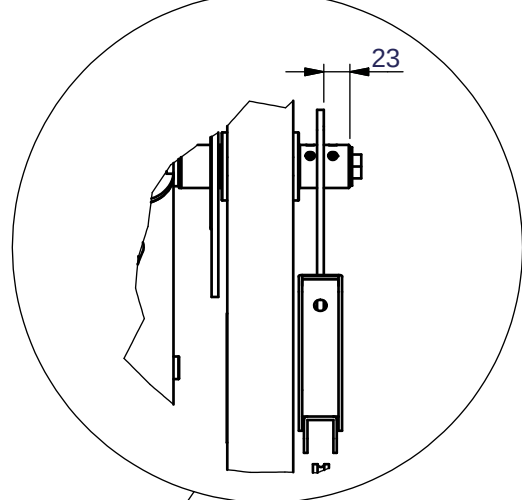


# DLEC ASSEMBLY INSTRUCTIONS

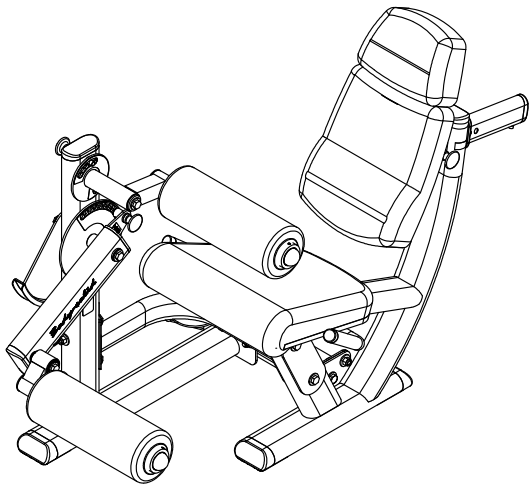


Above shows STEP5  
assembled and completed

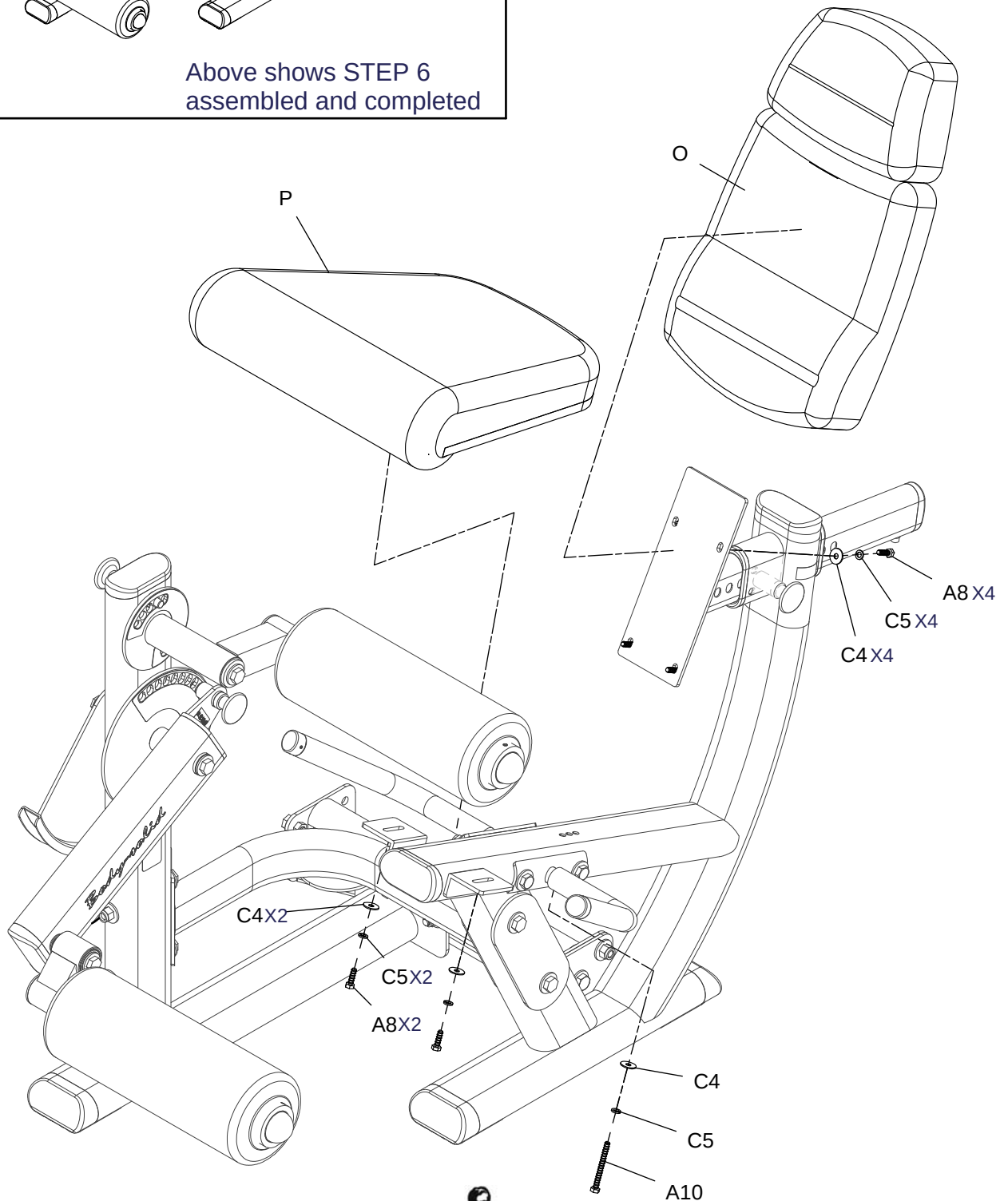
Detail View



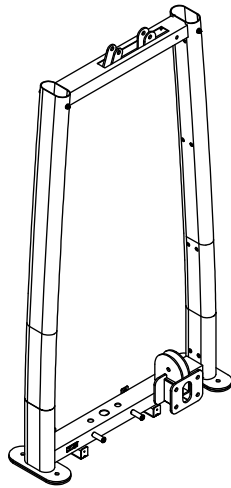
# DLEC ASSEMBLY INSTRUCTIONS



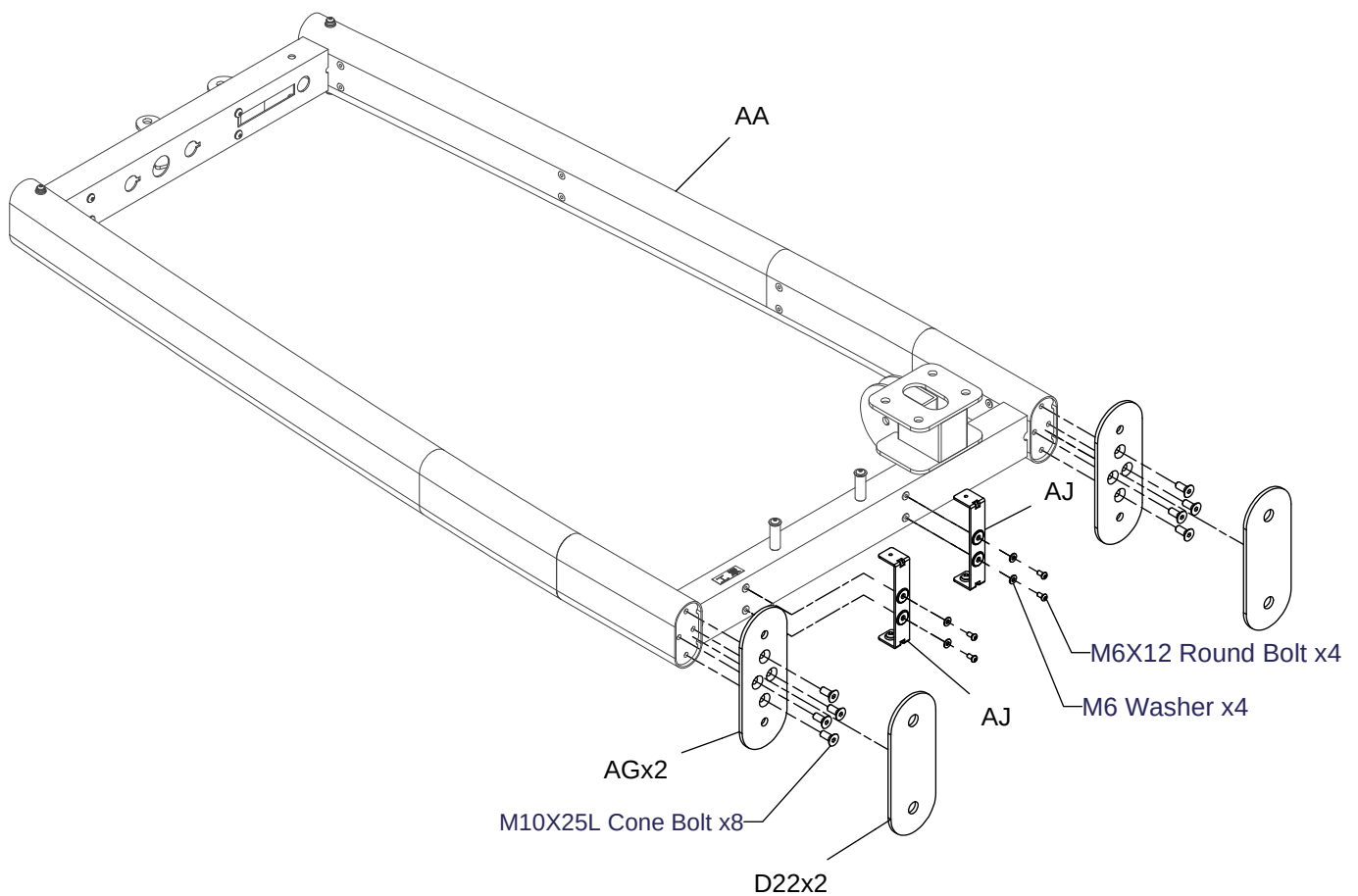
Above shows STEP 6  
assembled and completed



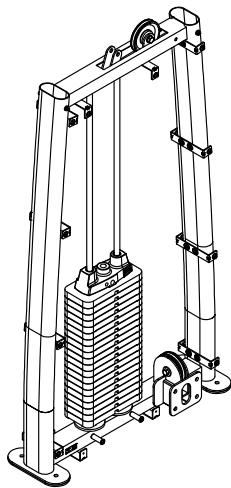
# DLEC ASSEMBLY INSTRUCTIONS



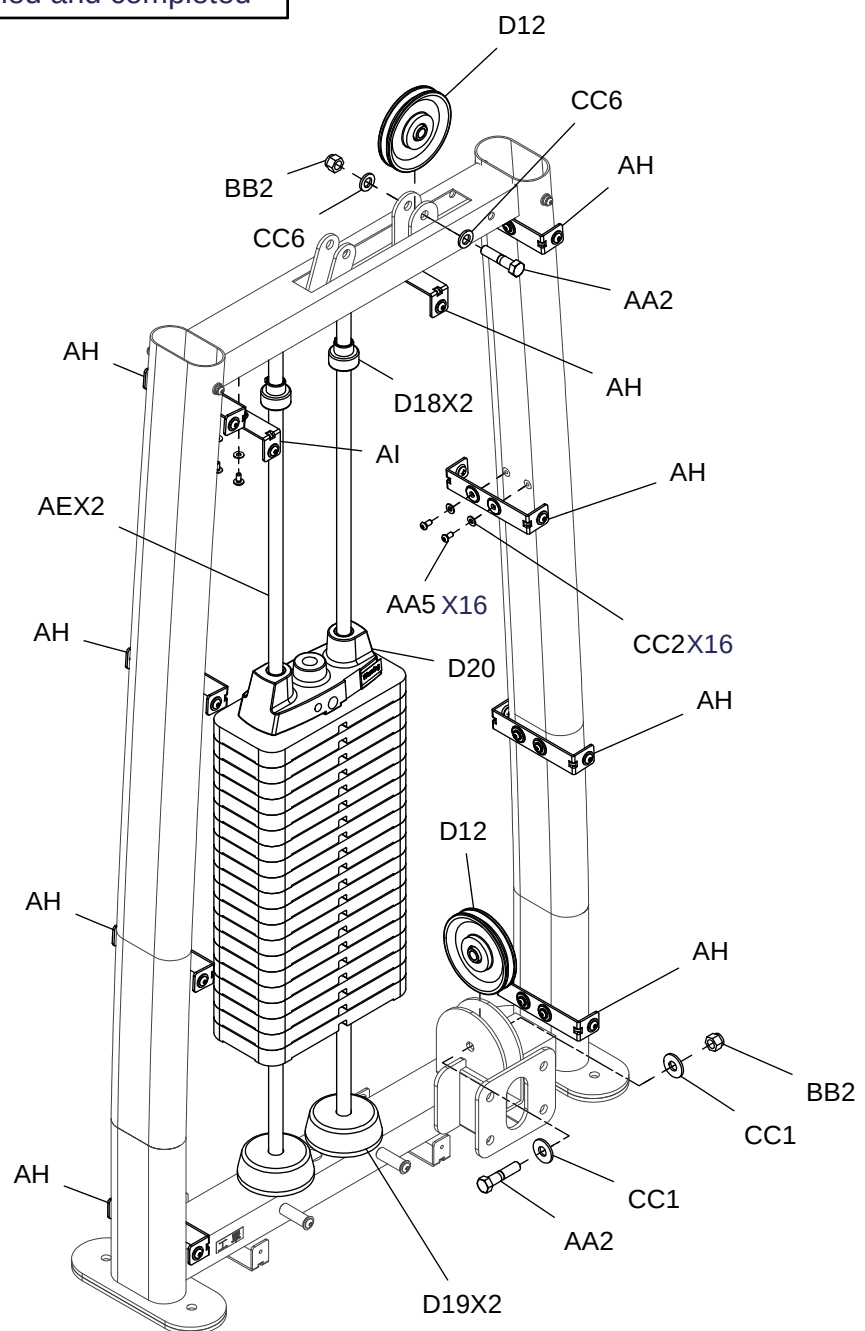
Above shows STEP 7  
assembled and completed



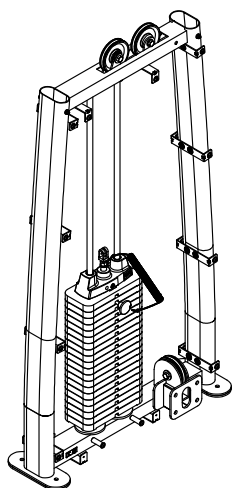
# DLEC ASSEMBLY INSTRUCTIONS



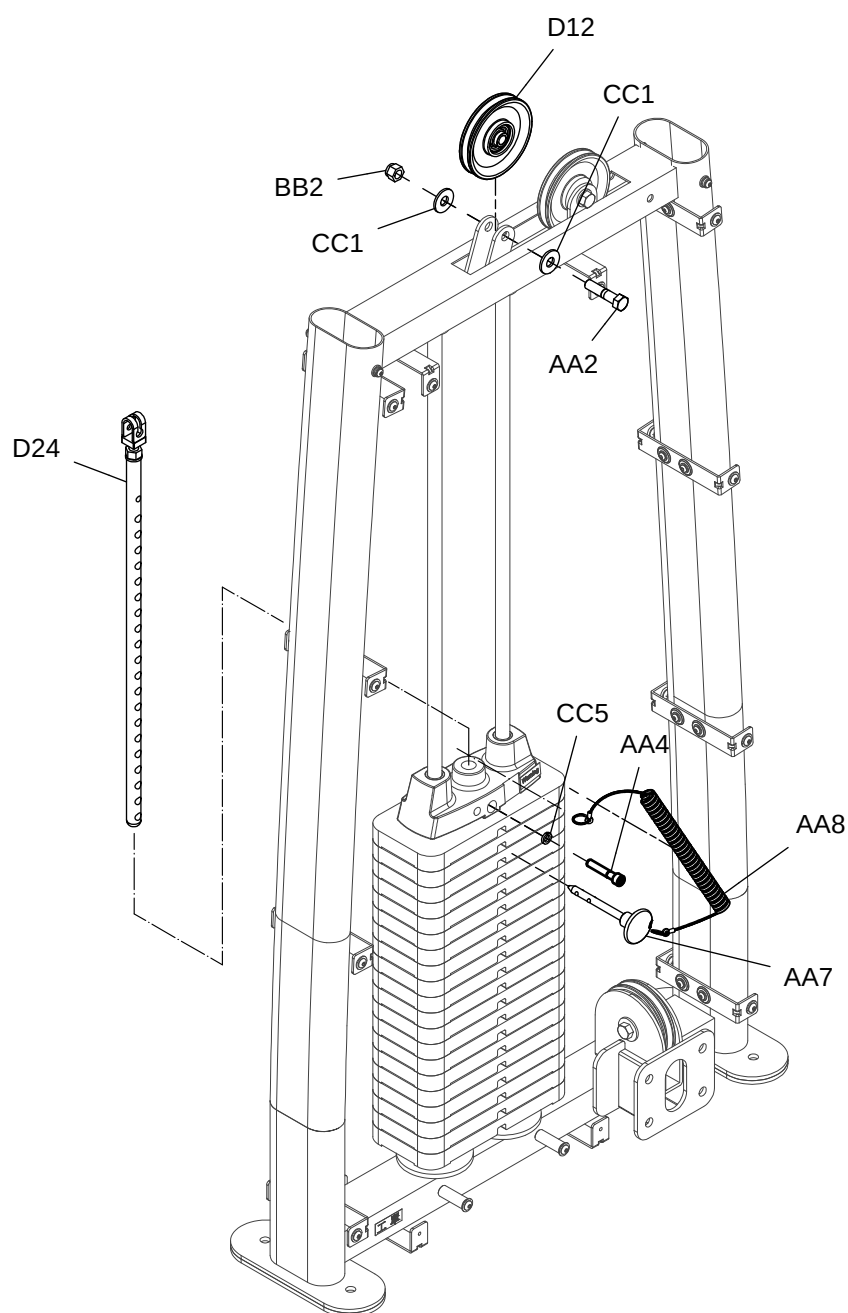
Above shows STEP 8  
assembled and completed



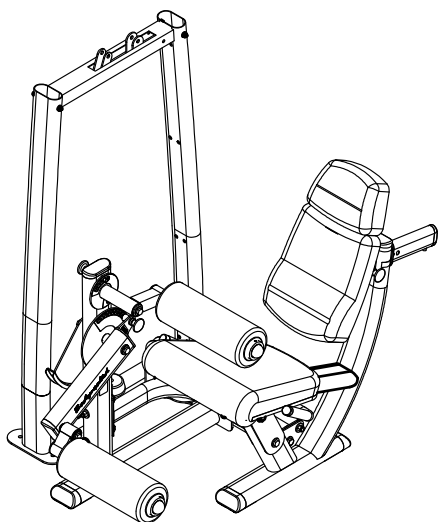
# DLEC ASSEMBLY INSTRUCTIONS



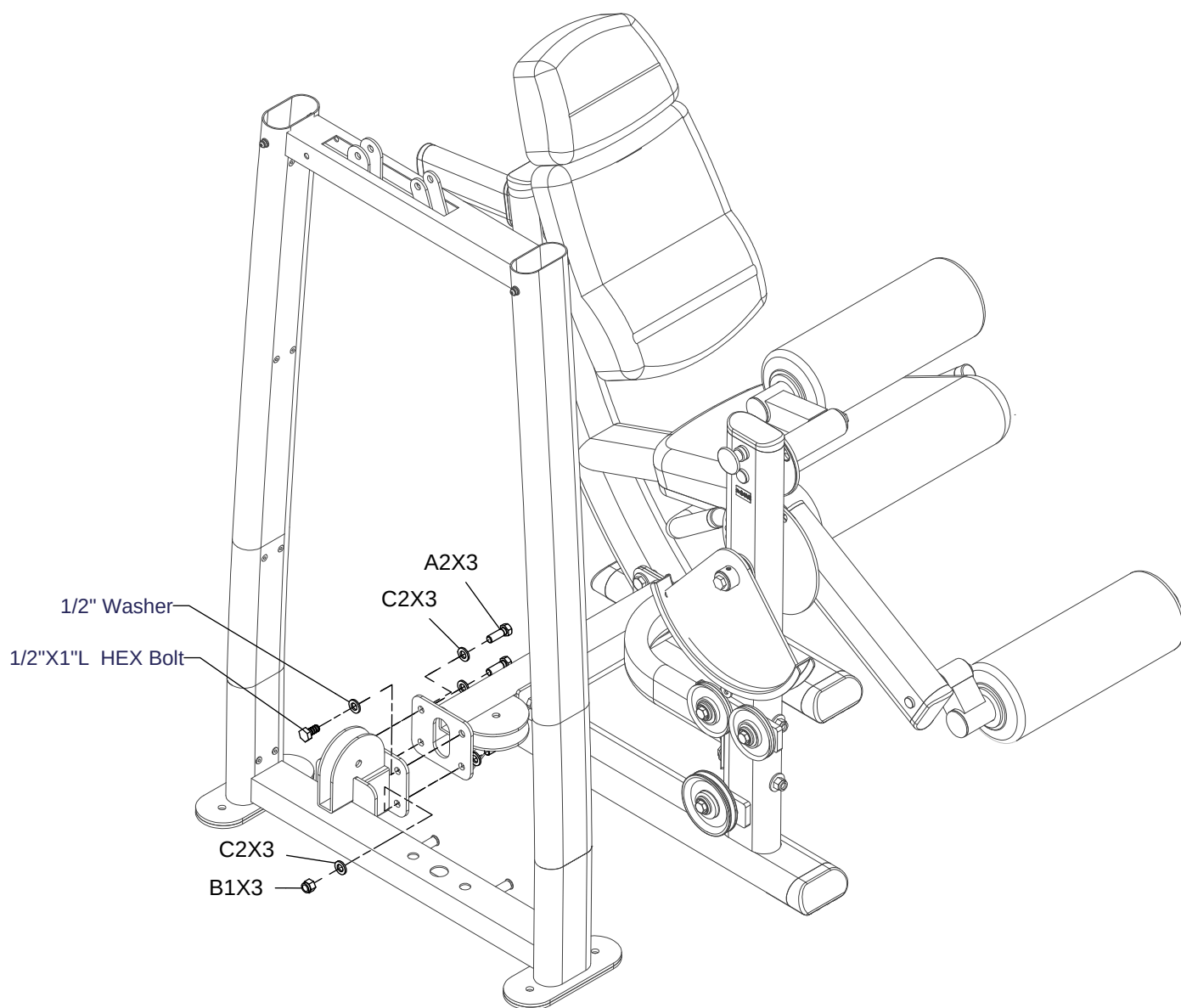
Above shows STEP 9  
assembled and completed



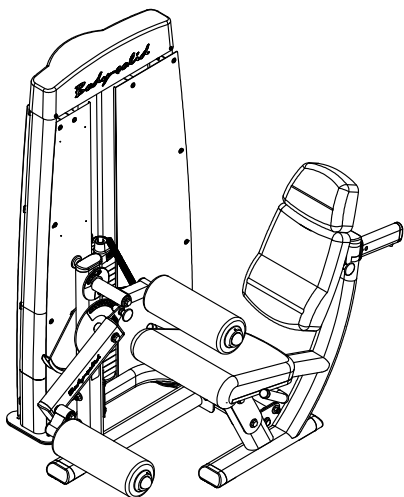
# DLEC ASSEMBLY INSTRUCTIONS



Above shows STEP 10  
assembled and completed



# DLEC ASSEMBLY INSTRUCTIONS

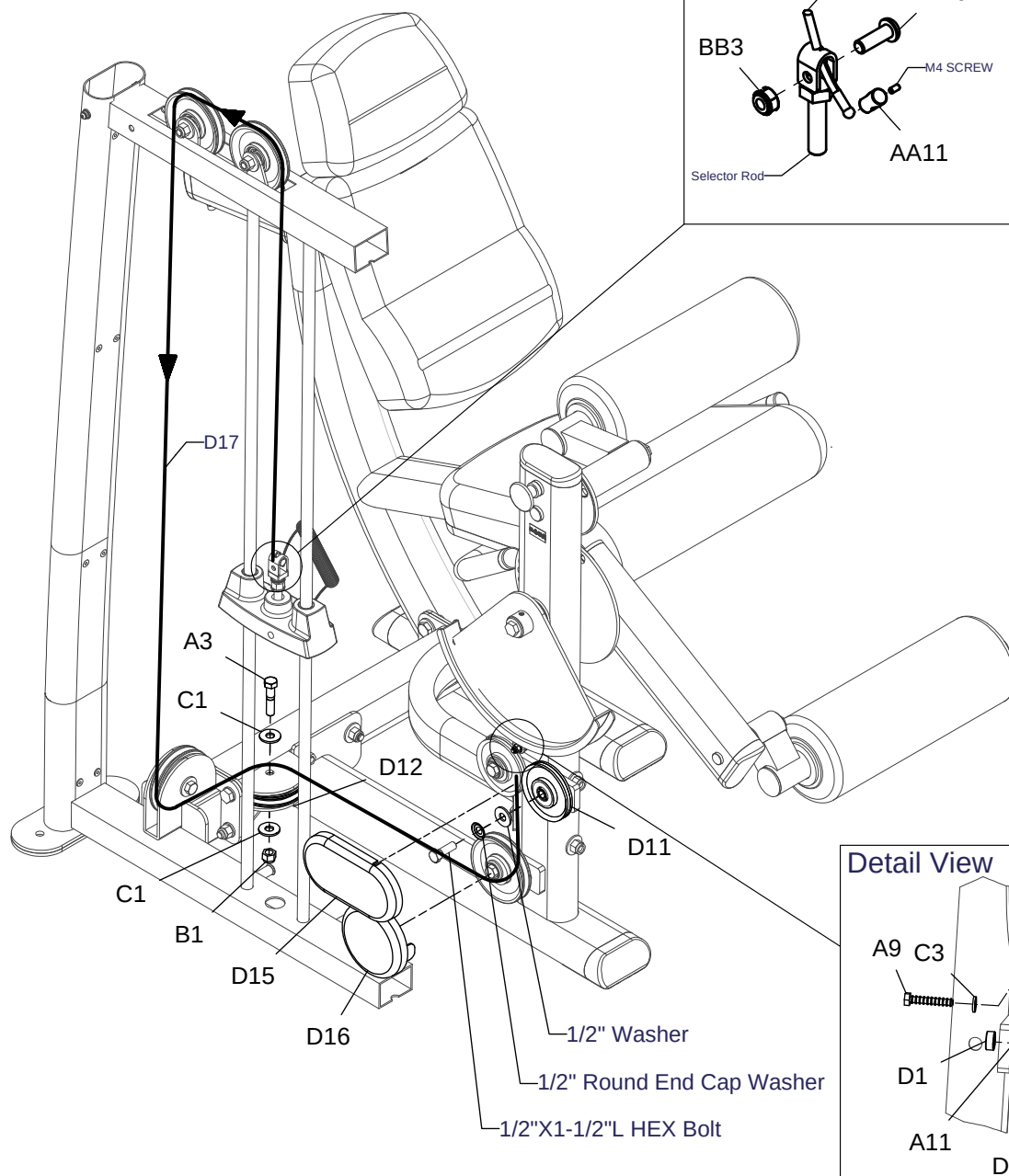
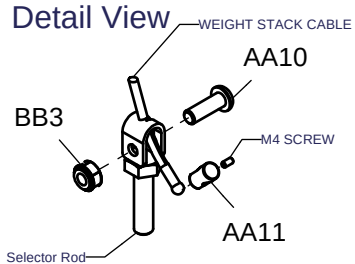


Above shows STEP 11  
assembled and completed

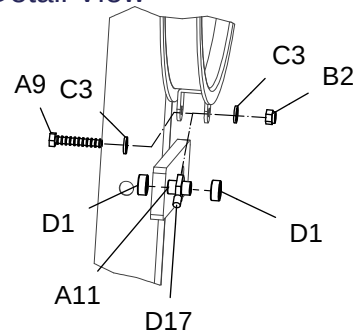
D17.



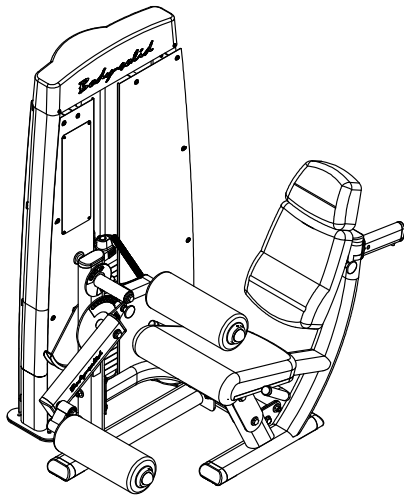
## Detail View



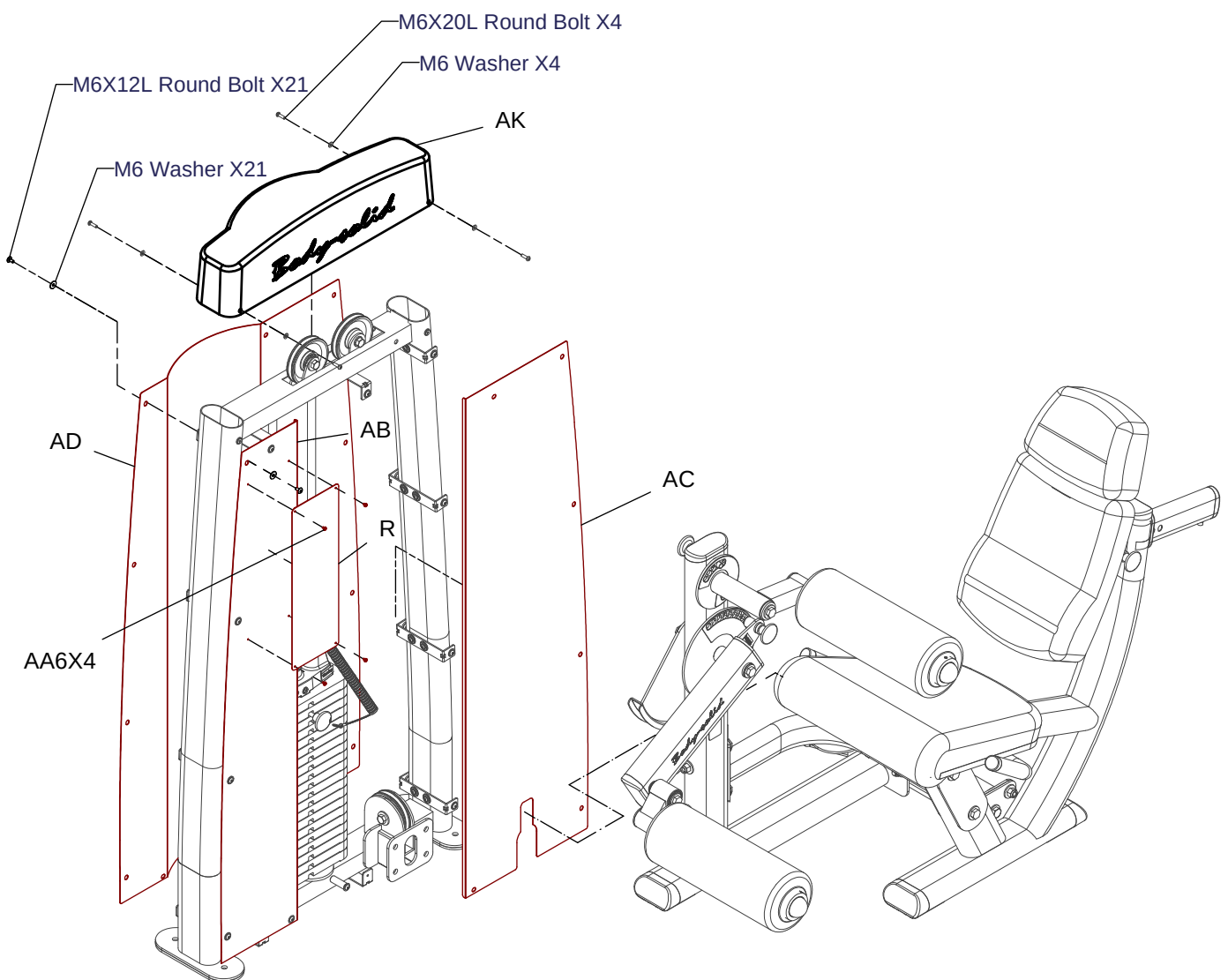
## Detail View



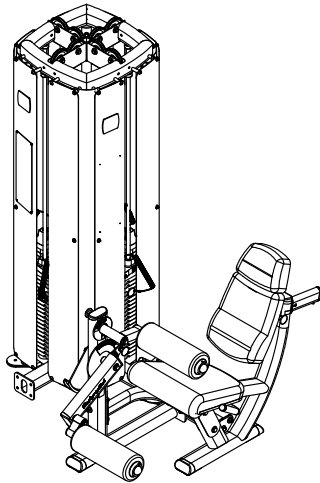
# DLEC ASSEMBLY INSTRUCTIONS



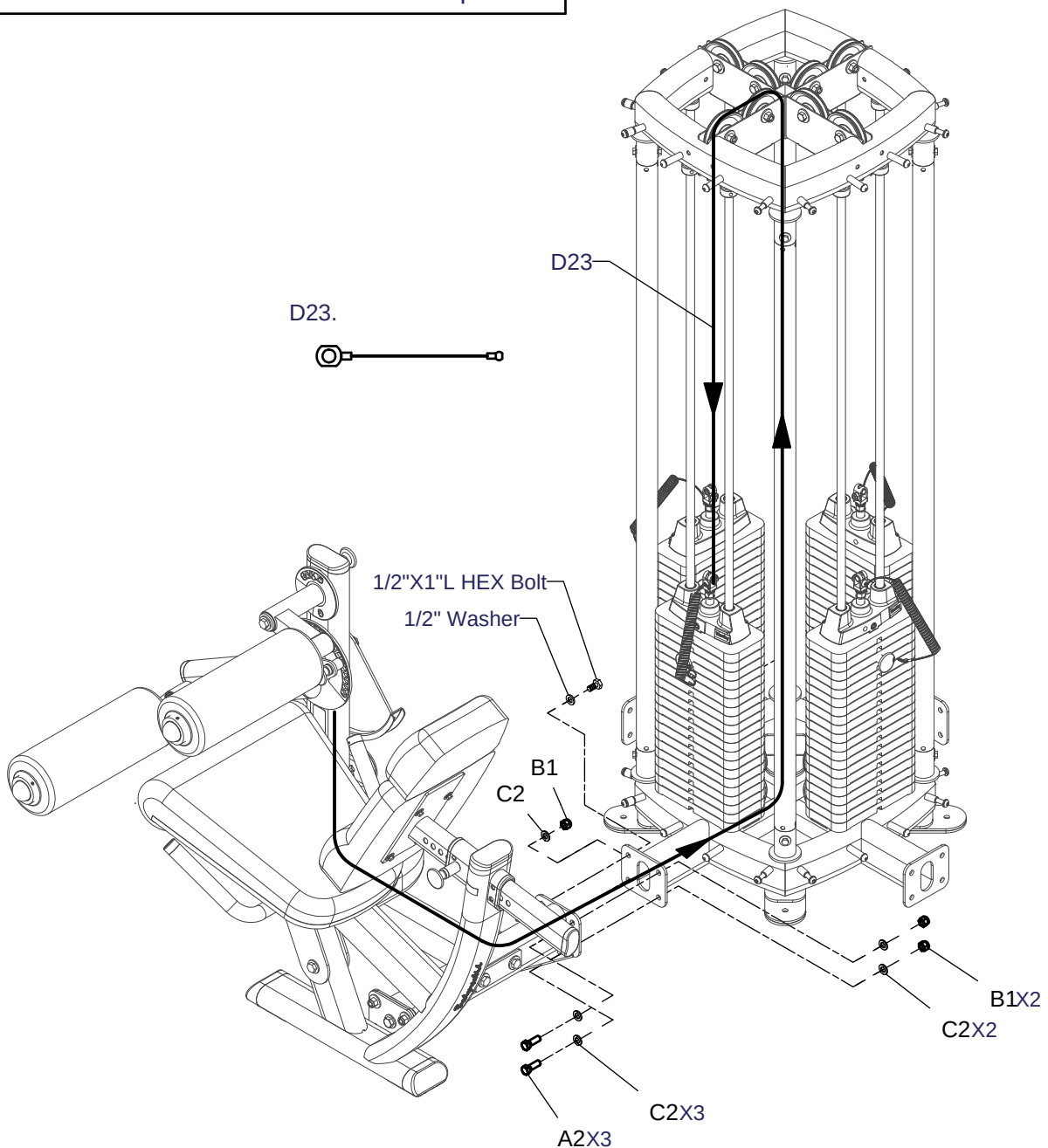
Above shows STEP 12  
assembled and completed



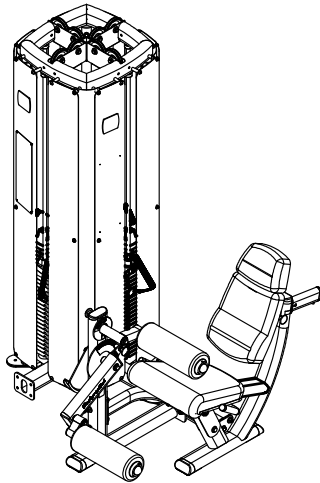
# DLEC ASSEMBLY INSTRUCTIONS



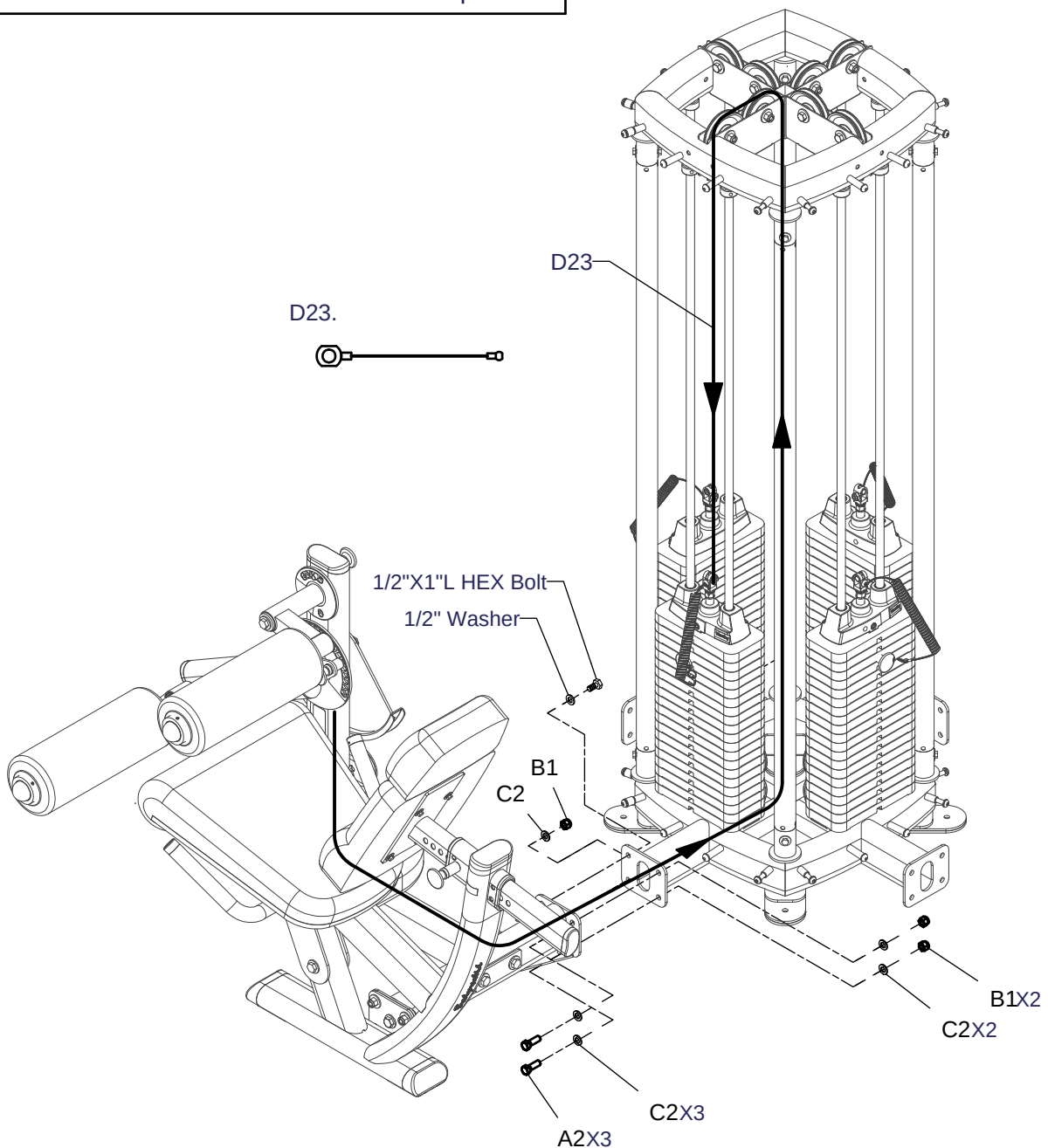
Above shows STEP 13  
assembled and completed



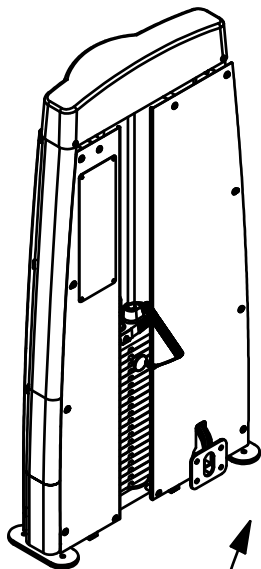
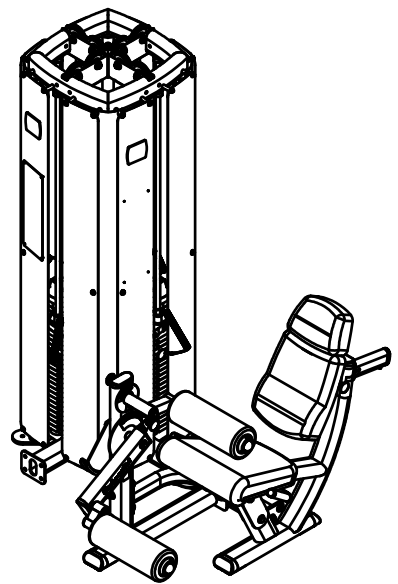
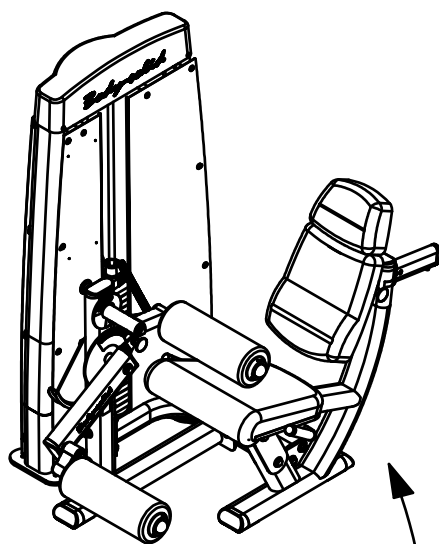
# DLEC ASSEMBLY INSTRUCTIONS



Above shows STEP 13  
assembled and completed

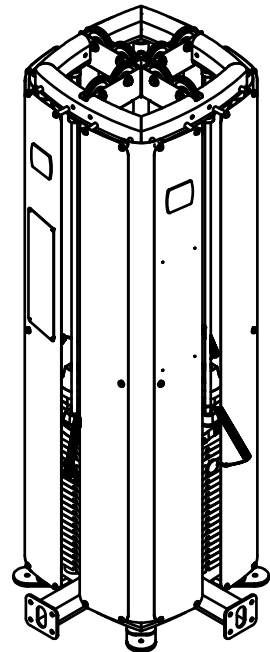


# DLEC ASSEMBLY INSTRUCTIONS



DFA

DGYM



DLEC

